Monday, October 12, 2009 -- (Meditation: Matthew 11:28-30) God, forgive me when the Christian life seems like gritting my teeth and doing what I don't want to do . . . when it seems like steeling my will to keep a thousand rules and practices . . . when it seems like punishing myself for a myriad of shortcomings. God, help me to let go. Help me to yield to Your will, to trust in Your forgiveness, and to walk in Your path.
In Jesus' name. Amen.

Tuesday, October 13, 2009 -- (Meditation: Psalm 23:1-3) God, I once watched a shepherd guide his small flock in my ancestral family home in rural France. As he walked, the shepherd spoke softly to his sheep, guiding them from green pastures to the sheepfold. We watched and listened to the shepherd guiding them, correcting them, encouraging them, caring for them. God, how wonderful it is to be able to say, "The Lord is my shepherd, I shall not want." The Great Shepherd of the whole universe is MY shepherd, Who knows my name, and Who cares for me! I shall not want! Amen.

Wednesday, October 14, 2009 -- (Meditation: Hebrews 13:6-8) Dear God, I pray for our President. His burdens are many and heavy to bear. He must make decisions regarding excruciating options. He is always being judged. Give him wisdom and courage to pursue justice and freedom. Strengthen his faith, and grant him peace. God, support him and guide him in these trying times. In Jesus' name. Amen.

Thursday, October 15, 2009 -- (Meditation: Romans 6:12-14) God, I pray for those who are addicted to gambling . . . for those who are addicted to pornography . . . for those who are addicted to drugs . . . for those who are addicted to over-eating . . . for those who are addicted to alcohol. God, free them from the slavery of addiction, and be with their loved ones who have suffered, too. In Jesus' name. Amen.

Friday, October 16, 2009 -- (Meditation: Titus 2:11-13) God, forgive our craving for what is new, simply because it IS new -- new toys, new marriages, new clothes, new cars, new homes, new flirtations. In craving the next new thrill, we lose our souls. We lose patience. We lose fidelity. We lose what is lasting -- contentment, humility, and peace. We lose our faith in You. God forgive us, and restore to us the joy of our salvation. Through Jesus Christ, our Lord, Amen.

Feel free to forward these prayers to friends. When you do, ask them to: 1.) Click here --> http://www.PrayersAtWork.com and 2.) Click on "Please Send Me The Prayers." There is no charge, no cost to pay, and they can unsubscribe at any time. Thank you.
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