Monday, August 15, 2011 - (Meditation: Isaiah 41:13) God, I pray for the families of those who have lost their lives in the ravaging paths of hurricanes, tornadoes, floods and tsunamis . . . for those who waited with dread while deadly winds and water destroyed their homes and businesses. Hold them close and sustain them as they set about to rebuild and to face the future. And God, I am grateful for those who generously and heroically serve these victims . . . for firefighters and police . . . for doctors and nurses . . . for national guards and ministers . . . and for the thousands of volunteers who serve without being asked - furnishing water and supplies, and comforting those who need it so desperately. God, bless them all, and redeem their suffering. Through Jesus Christ our Lord. Amen.

Tuesday, August 16, 2011 - (Meditation: I Corinthians 10:23-24) God, am I addicted to success? Do I keep pushing back the finish line because I'm addicted to competing and succeeding? Why do I keep raising the bar? God, show me the difference between being called and being driven. In Jesus' name. Amen.

Wednesday, August 17, 2011 - (Meditation: Matthew 10:39) God, my life is no more important than the lives of those who stormed the beaches of Normandy, those who faced land mines in Vietnam, or those who are dying in Iraq and Afghanistan. Bless those who sacrifice to protect our freedoms and our loved ones. Comfort them and their families. Through Jesus Christ, my Lord. Amen.

Thursday, August 18, 2011 - (Meditation: Psalm 9:9-10) God, my friend said that when he was growing up he was always criticized by his parents. He never felt like he measured up to their expectations. Now, as a grown man, he still feels like a failure. No matter what he accomplishes, he doesn't feel like it's good enough. I talked to him about Your unconditional love. God, work in his life. Help him to find self-worth by understanding that Christ died for him. Help him to grow beyond letting his childhood memories run his life today. Help him to give up his outdated beliefs, and to put his trust in You. In Jesus' name. Amen.

Friday, August 19, 2011 - (Meditation: Romans 8:38-39) God, You didn't promise days without pain, laughter without sorrow, or sun without rain. But You did promise strength for the day, comfort for the tears, and light for the way. Thank You, O God, for never leaving me. In Jesus' name.

How to use Prayers At Work:
- Read through the prayer for the day.
- Let your spirit quietly enter into the prayer and make it your own.
- Pray your prayer to God.
- Sit in quiet meditation and wait for God's leading.