Monday, April 19, 2010 - (Meditation: John 14:27) God, I let the urgent and trivial things in life crowd out the things that are important. Then I wonder why I feel so rushed, so tired, so empty. God, help me to schedule first those things that are most important. If I don't, I will never have time for them. If I do, it will be only because You give me the courage and strength I need. Through Jesus Christ, my Lord. Amen.

Tuesday, April 20, 2010 - (Meditation: II Corinthians 5:16-18) God, there are many places where I don't fit in anymore. I believe the Bible. I believe in Jesus Christ. I believe in traditional family values. I believe in loyalty to my country. I believe in good manners and common courtesy. But even the prime-time media erode what is kind, what is gentle, and what is virtuous. God, help me to realize that Your will for me is not to fit in, but to love You, and to be faithful. Through Jesus Christ, my Lord. Amen.

Wednesday, April 21, 2010 - (Meditation: Ephesians 1:11-12) Why did You choose me, God? I'm not strong. My faith isn't pure. Why did You choose me to be Yours? O God, guide me in the way You would have me go. Help me to seek Your will, and give me the courage to follow You. Thank You for calling me to be one of Yours! In the name of Jesus. Amen.

Thursday, April 22, 2010 - (Meditation: Romans 12:2) God, the demands of the market, political expediency, and blind acceptance to avoid offending, combine to make it increasingly difficult to stand for anything outside of popular culture. What once was called counter-culture, that fought against standards of right and wrong, is now the mainline culture. Forgive us, and God, give me the courage to speak and to stand for Your truth, and a heart that is yielded to Your love. In Jesus' name. Amen.

Friday, April 23, 2010 - (Meditation: Psalm 86:11) God, much of the time I keep a willful distance from You. I go to church most Sundays. But in my heart, I know what really matters to me - my ambitions, my comforts, my cares, my pleasures, my anxieties, my fears. But God, when I focus on these, I am miserable. Forgive me. Take my whole heart, and make it Yours. Help me to put You first in my life. Through Jesus Christ, my Lord. Amen.

How to use Prayers At Work:
  Read through the prayer for the day.
  Let your spirit quietly enter into the prayer and make it your own.
  Pray your prayer to God.
  Sit in quiet meditation and wait for God's leading.