

PRAYERS AT WORK, April 16-20, 2012

Monday, April 16, 2012 - (Meditation: Isaiah 41:13) God, when I feel lonely, help me to realize how many other Christians have experienced loneliness, too. At some point in life, all the faithful, in all generations, have felt like they didn't matter. And most of all, my Savior, who was despised and rejected by men, knew about loneliness.

God, when I feel lonely, help me to take hold of the Hand of the Good Shepherd, and put my trust in You. Amen.

Tuesday, April 17, 2012 - (Meditation: Psalm 34:3) God, You are my rock. You are my strong fortress. You are my grounding.

You are my foundation. You are my stronghold. You are my strength.

You are my defender. You are my champion. You are my protector. And I am Yours. Blessed be the name of God! Amen.

Wednesday, April 18, 2012 - (Meditation: Psalm 8:3-5) God, I see Your hand in the wondrous vastness of the universe . . . in the order of days and nights, and in the flow of changing seasons. . . in the roll of thunder, and in the petal of a rose . . . in the ocean's wave, and in the mountain's splendor. Yet You, O God, who made it all, and Who providentially guides it all, still know my name, and hear my prayers. All praise to You, and glory to Your Holy Name! Amen.

Thursday, April 19, 2012 - (Meditation: John 6:35) One day at a time. God, that's the way I want to live with You. Like the children of Israel in the wilderness, I want to be fed with daily bread.

That is enough. Teach me to live in Your sufficiency, and not to worry about tomorrow. Teach me to look to You as my daily provider, my daily sustainer, my daily strength. Thank You, God, for You are not only an eternal God, but also an ever-present God. In Jesus' name. Amen.

Friday, April 20, 2012 - (Meditation: Psalm 25:4-5) God, the life of Jesus had a sense of balance, a gentle rhythm. He seemed to move at a comfortable pace, never idle, but never overextended. His life was in step with Your providence . . . active, but peaceful . . .

working, but not to exhaustion . . . always living within Himself, and He took time to go into the desert and pray. God, help me to find balance and rhythm in my days, that my life will be in sync with You. In Jesus' name.

Amen.

How to use Prayers At Work:

Read through the prayer for the day.

Let your spirit quietly enter into the prayer and make it your own.

Pray your prayer to God.

Sit in quiet meditation and wait for God's leading.

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