PRAYERS AT WORK May 19-23, 2008

Monday, May 19, 2008 -- (Meditation: Psalm 46:1-3)
Almighty God, You are a mighty fortress. You are my refuge and my strength. When I need protection, You are there. When I need a shoulder to cry on, You are there. When I'm afraid, You are there. When I need to rest, You are there. When I need the gentle arms of forgiveness, You are there. When I need to shake my fist at life, You are there. When I need to be still and silent, You are there. Oh God, how grateful I am that You are my refuge and my strength, a mighty fortress in my life!

Tuesday, May 20, 2008 -- (Meditation: Psalm 5:1-3)
God, at times I feel trapped like the children of Israel, trapped between their enemies and the Red Sea. Their only options were slavery or drowning. I, too, have been boxed in, with no visible way out. But God, even when I worried all night, wondering how it would all work out, You opened up a Red Sea. I heard the words of the Psalmist, "weeping may endure for a night, but joy comes in the morning." God, I could endure for a night because I knew the outcome -- a closer walk with You. Thank you God, for being with me when I have to endure the night. And thank You for the joy that comes in the morning! In Jesus' name. Amen.

Wednesday, May 21, 2008 -- (Meditation: II Timothy 3:16-17)
Almighty God, help me to live by the Scriptures. Help me to love my neighbor as myself. Let me not turn from my neighbor in need, my neighbor in prison, my neighbor who is lonely, my neighbor who is sick, my co-worker who needs me at work. Guide my decisions about the use of my money, the use of my time, and the use of my body, so that I won't pass by on the other side. Through Jesus Christ my Savior. Amen.

Thursday, May 22, 2008 -- (Meditation: I John 3:24)
God, through all the hours of this day, may I live in the radiance of Christ. May my eyes seek His face. May my ears listen for His words of love and peace. May my hands feel the warm touch of His out-stretched, nail-pierced hands. May my feet follow in His path. In the name of Him Who abides with me. Amen.

Friday, May 23, 2008 -- (Meditation: Matthew 11:28-29)
God, I pray for our minister. He is leaned-upon by so many people. May he avoid the temptation to be all things to all people, and the temptation to work until he burns out. Help our church officers encourage him to take study leaves, to set times to get away and be still, and to take adequate time to be with his family. And strengthen ME to sense his needs and to support him. God, thank you for our minister, and for what he means to me and my family. In Jesus' name. Amen.

How to use Prayers At Work:
- Read through the prayer for the day.
- Let your spirit quietly enter into the prayer and make it your own.
- Pray your prayer to God. Sit in quiet meditation and wait for God's leading.

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