Monday, March 17, 2008 -- (Meditation: I Peter 2:21-24) God, what a painful Passion paid for the sins of the world! When I realize that the very Son of God went through such violence, such torment, it makes me fall down on my knees. O Savior, what a hard-won gift is life eternal!
Help me to keep my eyes on the cross, that I, too, may love and serve You.
In Jesus' name. Amen.

Tuesday, March 18, 2008 -- (Meditation: Matthew 26:36-42) I can picture Jesus, all alone among the olive trees of Gethsemane, because His friends were asleep. As He looked toward Jerusalem up on the hill, He knew that the Cross lay ahead, just over the horizon. Three times He prayed, "Let this cup pass from me." In the next few minutes Judas would betray Him, yet He prayed, "Your will be done." God, may I pray that prayer, too, even in my most trying times. "God, Your will will be done." Amen.

Wednesday, March 19, 2008 -- (Meditation: John 13:1-5) Use my hands, O God. Make them productive like the sweaty, dusty hands of the Carpenter. Put them to work serving others like the Hands that washed the feet of the disciples. Make them to show love like the Hands that healed with a touch. Make them to do brave things like the Hands folded calmly before Pontius Pilate. Make them to do works of witness like the Hands that broke Bread and poured Wine. Make them to bear suffering like the Hands that were pierced by nails. Use my hands to serve Him Who shows me the way. In Jesus' name. Amen.

Thursday, March 20, 2008 -- (Meditation: John 13:12-17) When Jesus ate with His disciples, He poured water in a basin, took a towel, knelt beside each one, and quietly washed his feet. Even as He faced an agonizing death, the Suffering Servant showed them again how much He loved them by humbling Himself to serve them one by one. God, make me aware of the needs of others, and strengthen me to serve them. In Jesus' name. Amen.

Friday, March 21, 2008 -- (Meditation: Luke 23:39-43) "Jesus, in Thy dying woes, even as Thy life-blood flows, craving pardon for Thy foes -- hear us, Holy Jesus. May our hearts to Thee incline, looking from our crosses to Thine, cheer our hearts with hope divine -- hear us, Holy Jesus. When we seem in vain to pray, and our hope seems far away, in the darkness of our way -- hear us, Holy Jesus. May Thy life and death supply, grace to live and grace to die, grace to reach our home on high -- hear us Holy Jesus . . . Hear us, Holy Jesus. Amen."
("A Lenten Meditation." Wagner)

Easter Sunday, March 23, 2008 -- (Meditation: Isaiah 53:4-6) Almighty God, just when evil seemed to triumph in the crucifixion of Your Son, His death took away the sin of the world! The darkness of the stone-guarded tomb was flooded by the victorious light of Easter morning!
Hallelujah! God, when my life seems overrun with pain and misery, even then the resurrection makes all things new! I praise You, O God! Through Jesus Christ, my Lord. Amen.

How to use Prayers At Work:
Read through the prayer for the day.
Let your spirit quietly enter into the prayer and make it your own.
Pray your prayer to God.
Sit in quiet meditation and wait for God's leading.
