

PRAYERS AT WORK Aug 18-22, 2008

Monday, August 18, 2008 -- (Meditation: Matthew 6:33-34)

Dear God, too often we look to others for affirmation, for worth, and for approval. We constantly look around to see if we're measuring up. Free us from this cruel conformity, and turn our hearts to You. Only in You do we find real worth, lasting affirmation, and everlasting forgiveness. Through Jesus Christ, our Lord. Amen.

Tuesday, August 19, 2008 -- (Meditation: I Kings 19:11-12)

God, help me to listen for Your still small voice in our noisy world. Like Elijah, I expect You in the earthquake, the wind, and the fire . . . but You come in a still small voice. Silence my noisy heart, so that I may listen. Still my busy mind, so that I may heed. Lead me beside the still waters. Restore my soul. In Jesus' name Amen.

Wednesday, August 20, 2008 - (Meditation: I Thessalonians 5:16-18)

God, thank You for rest and sleep . . . for clean sheets . . . for waking up with someone I love . . . for long, hot showers . . . for coffee. Thank You for the person who let me in line while driving to work. Thank You for work . . . and breaks from it . . . and for the good feeling of locking up for the day. God, did I pass by a person today who doesn't have these things? Did I pass by on the other side?

Thursday, August 21, 2008 -- (Meditation: John 6:40)

God, my hairline recedes and my wrinkles multiply. My waist expands, and my energy fades. I'm getting older. Most of the time I can accept it, but sometimes I think about the good ole days. I reminisce a lot. I cry easily. I can feel life passing by. I confess I'm too attached to this world. God, I don't want to start over, but I do pray for newness in You. When I die to self and rise with Christ I have the joy of an eternal life that is real today. And I'm grateful that this is just a taste of life with You! In Jesus' name. Amen.

Friday, August 22, 2008 -- (Meditation: John 14:27)

God, I pray for those who feel like they have a huge eighteen-wheeler following on their heels, moving just faster than they can walk. Their truck is not some alien force. It is loaded with all their desires, their roles, their cravings, their impulses, their plans. So they have to run just to keep from being run-over by the huge truck that they themselves built. They are tormented, anxious, driven. They schedule everything except time with You, time to be alone, time to be quiet. God, free them from the tyranny of over-scheduling, of constantly rushing. Grant them Your forgiveness and Your peace. Through Jesus Christ, my Lord. Amen.

How to use Prayers At Work:

Read through the prayer for the day.

Let your spirit quietly enter into the prayer and make it your own.

Pray your prayer to God.

Sit in quiet meditation and wait for God's leading.

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