Monday, March 2, 2009 -- (Meditation: Matthew 6:33) God, all things are at Your disposal. Help me to leave them there. Only when I am not tempted to want things another way can I rest in Your love. Only when I am not tempted to tell You what to do can my longings cease and peace settle in my heart. Only when my feet walk Your path can joy replace envy, forgiveness replace getting even, and prayers of praise replace prayers of asking. O God, Your name be praised! Amen.

Tuesday, March 3, 2009 -- (Meditation: Exodus 15:11-13) God, I can no more grasp Your limitless grace than I can stare at the sun. The brilliance of Your grace is too intense for my eyes to see. The immensity of Your grace is too great for my mind to comprehend. But You are not a God Who is limited to my understanding. You are the God Who is BEYOND all my understanding. How great Thou art!

Wednesday, March 4, 2009 -- (Meditation: I Peter 5:6-7) God, You created the grandeur of nature, but my selfish rushing passes it by, unaware. You are with me and beside me, but my frenetic chase makes me unaware. You give me rest and consolation, but my fleeting mind is unaware. Your still small voice calls my name, but my deafening pace is unaware. God, forgive my headstrong rushing, my deaf striving, my blind searching. Help me to be still, with You . . . at peace, with You. In Jesus' name. Amen.

Thursday, March 5, 2009 -- (Meditation: Luke 9:25) God, I have a friend who worked so hard to provide for his family that he lost his family through divorce. I don't want that to happen to me. Help me to watch for the danger signs of being married to my work, and not to my wife. Like my friend, a lot of people say they're doing it for their family, when they're really doing it for themselves. They want to be successful, powerful, respected, rich. They end up as a tragic "winner" who paid too high a price. Oh God, save us from ourselves . . . from the driving needs of our own egos and selfish ambitions. Bless my friend. Help him to put his life back together. And bless me, for I know I have the same tendencies, and there are so many high-sounding justifications. Forgive me, renew a right spirit within me, and grant me Your peace. Through Jesus Christ, my Lord. Amen.

Friday, March 6, 2009 -- (Meditation: Psalm 46:10) God, when I am still, I know that You are God. When my mind is calm, then my work becomes my ministry. When my soul is quiet, my steps are sure and steady. When my spirit is at peace, the day is filled with joy. God, help me to be still and know that You are God. In Jesus' name. Amen.

Want to give Prayers At Work to friends? Simply click "Reply" and send me their e-mail addresses.

Thank you. Jim Daughdrill