Monday, January 4, 2010 -- (Meditation: II Corinthians 1:3-5) God, bless those who live in nursing homes. They move very little -- in a wheelchair, or on a walker, or with short, unsure steps. Their bony, blue-veined hands were once caressed and kissed by a loving husband. Their bodies once gave life, and nursed life, but now they have so little of life left. Their knees and laps held children, but today they are barren. Their lips once kissed passionately, but today they are drawn in narrow, straight lines. Their eyes once sparkled and danced, but today they stare straight ahead in resignation. God, comfort them in their last years, be near their families and caregivers, and grant them peace and contentment in You.
Through Jesus Christ, our Lord. Amen.

Tuesday, January 5, 2010 -- (Meditation: Psalm 25:9-11) God, I'm comfortable with the Christian faith, as long as it doesn't upset all the other things I hold on to. I'm comfortable with beliefs, as long as they don't have anything to do with righteousness. God, forgive me for wanting faith without repentance, belief without trusting, and a Savior without a Lord. Save me from a cheap faith that makes no difference in my life. In Jesus' name. Amen.

Wednesday, January 6, 2010 -- (Meditation: Romans 8:17) God, I pray that You will enter my suffering and hold me close. Use my pain to lead me to compassion. Use my fears to lead me to trust. Use my doubts to lead me to faith. Use my sorrows to lead me to joy. Use my weakness to lead me to courage. And when the time comes, use my death to lead me to life eternal with You. Through Jesus Christ, my Lord. Amen.

Thursday, January 7, 2010 -- (Meditation: Psalm 145:13-16) God, I pray for those who have been devastated by the recession. When they are afraid, give them assurance. When they feel that they have no self-worth, give them Your worth. When they are overwhelmed with anxiety, give them peace. When their marriage is strained, give them mutual forgiveness and love. Help them to share their feelings with their loved ones and friends. Help them to realize that there are many people who have experienced set-backs through no fault of their own. Help them to feel joy in getting rid of excesses. Draw their family closer together. Give them the joy of going through tough times together, and sacrificing together. Give them courage to stick together to lower expenses, to make a game out of what they can do without, and what contributions each family member can make. In Jesus' name. Amen.

Friday, January 8, 2010 -- (Meditation: I John 2:15-17) God, it is so easy to get lost in the American dream. We stop renting a house, and buy a home. We stop shopping at discount stores, and seek out boutiques. We stop doing chores, and start paying others to do them. We stop borrowing, and start investing. Finally, we arrive. But where? Status isn't what it's cracked up to be. Success gives rise to new demands. We spiral upwards, then sideways in a lurching search to ask, "Is this all there is?" We win -- and lose. We succeed -- and fail. We have proven our selves -- and lost our souls. We have served the wrong savior -- self. God, set us free from selfishness, and from our slavery to the success syndrome.
In Jesus' name. Amen

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