Monday, March 1, 2010 -- (Meditation: I John 4:16-17) God, in a world of loud music, honking horns, and endless commercials, You are love. In a world of impatience, competition, and outrage, You are love.
In a world of demanded rights, quick lawsuits, and angry violence, You are love. In a world of pornography, temper tantrums, and heinous crimes, You are love. God, forgive our feverish ways. May we seek to hear Your still, small voice, and truly experience Your love. In Jesus' name. Amen.

Tuesday, March 2, 2010 -- (Meditation: Romans 7:21-25) When I act humble enough to hide my pride -- forgive me. When I show enough respect so others won't see my contempt -- forgive me. When I point to my good work to cover up the bad -- forgive me. When I give just enough money to hide my selfishness -- forgive me. When I talk to cover up my insecurity -- forgive me. When I show just enough interest to hide my lack of caring -- forgive me. God, when I confess, I feel better, but help me to truly repent and not stop with prayers that just make me feel better. Help me to know my heart as You do, and yield myself to be the kind of person You want me to be. Through Jesus Christ, my Lord. Amen.

Wednesday, March 3, 2010 -- (Meditation: Psalm 20:1-2) "May the Lord answer you when you are in distress. May He send you help from His sanctuary. May He grant your heart's desire." God, these are my prayers for those who are facing troubles, for those who are ill, for those who are homeless, for those who are hungry. May they feel Your comfort and hope, and know that You love them. Help me to love them, too, and to show it, so that I will be part of the answer to my prayer for them. In the name of Jesus Christ, my Lord. Amen.

Thursday, March 4, 2010 -- (Meditation: Ezekiel 36:26-27) God, change my greed into gratitude, my selfishness into service, my wanting into sharing, my craving into compassion, and my pride into confession. In Jesus' name. Amen.

Friday, March 5, 2010 -- (Meditation: Philippians 4:6-7) God, why can't I find the right balance in my life? Just when I need to rest, so much needs to be done. Just when I need to work, daydreams interrupt. Just when I need You, You seem so far away. Just when my children need me, so do many others. God enter my "only ifs" and my "someday soons." Invade my topsy-turvy days, and spread the peace of Christ that passes all understanding. Through Christ my Lord. Amen.

Want to give Prayers At Work to friends?
Simply click "Reply" and send me their e-mail addresses.
Thank you. Jim Daughdrill
© Copyright 2010 James H. Daughdrill, Jr