Monday, February 11, 2008 -- (Meditation: Luke 6:27-31) God, the picture in front of me is horrible. A grieving mother screams in anguish as she clutches her dead baby, killed by a suicide bomber. It is difficult to imagine such pain, such loss, such grief. God, we do not understand all Your ways. We doubt, we question, and we get angry with You when no answer comes. But we know Your ways are not our ways, and Your thoughts are not our thoughts, and we know that You have already touched the hearts of millions of people to send aid to the victims of suicide bombers.

God, grant to those suffering people deliverance from anger and retaliation, courage to rebuild their lives, and faith to rely on You. Unite people around the world in good will, service, and love. Through Jesus Christ, our Lord. Amen.

Tuesday, February 12, 2008 -- (Meditation: John 1:10-13) God, You did not send Your Son with a conquering army -- You sent a helpless baby, who grew up in a modest family, worked as a carpenter, and was tempted, even as I am tempted. You made the central focus of Christianity a Person -- not an idea. You made belief in Him by faith -- not by proof. You made discipleship a relationship -- not a concept. God, thank You for calling me to this Person, Jesus -- to trust in Him, to have fellowship with Him, and to live for Him. Amen.

Wednesday, February 13, 2008 -- (Meditation: Romans 12:1-2) God, Your Word says that my body is Your temple. In this world of intemperance, obesity, pornography, and shouted demands, may I worship You in a clean and faithful temple. God, help me to treat my body with the care that gives You glory and honor. In Jesus' name. Amen.

Thursday, February 14, 2008 -- (Meditation: John 1:14) Triune God, thank You for your countless blessings. Thank You, God the Father, for creating the world and pronouncing, "It is good." Thank You, Lord Jesus, for counting as naught Your heavenly status, for emptying Yourself to become fully human, and for dying for the sins of the world. Thank You, Holy Spirit, for living in my heart, for directing my steps, and for praying with me. God triune, my heart is full with thanksgiving for Your creation, Your providence, Your forgiveness, and Your love. Amen.

Friday, February 15, 2008 -- (Meditation: Psalm 23:1-3) God, grant me refreshment this week-end. Help me leave my work behind. Refresh my senses to hear the soft music of singing birds . . . to see the intricate patterns in tree branches . . . to smell the rich earth beneath my feet . . . to taste the full beauty of the world You created . . . and to feel the caresses of those I love. O God, restore my soul. Through Jesus Christ, my Lord. Amen.

Want to give Prayers At Work to friends? Simply click "Reply" and send me their e-mail addresses.

Thank you. Jim Daughdrill