Monday, June 23, 2008 -- (Meditation: John 3:16) Heavenly Father, through suffering You have taught me patience. In times of good health, You have allowed me the joy of being active. In times of sorrow and suffering, You have shown me the kindness of others. Through prosperity I have found Your grace. Through turmoil I have found Your peace. Through suffering I have found Your strength. And in death I will have Your gift of life eternal, through the sacrifice and resurrection of Your Son. Glory be to You, O Lord!

Tuesday, June 24, 2008 -- (Meditation: Philippians 2:3-5) God, in my work, may I not lose sight of Your presence. May I be aware that Your kingdom is as real as my goals, my strategies, and my budget. Bless my associates and their families. May we work together in mutual support. Help us to be aware of each other's needs, to share each other's joys, to celebrate each other's successes, to promote each other's plans, and to listen to each other in times of sorrow. Through Jesus Christ, my Lord. Amen.

Wednesday, June 25, 2008 -- (Meditation: Mark 4:18-20) God, I pray for those who are pressured and preoccupied with achievement . . . for those whose tensions come from thinking only about themselves . . . for those whose self-expectations occupy all the space in their soul . . . for those whose ambitions make them feel trapped. God, help them to find a new perspective and a balance in their life, so their minds and hearts will find calm and compassion. Give them a desire to serve You and others. Through Jesus Christ, my Lord. Amen.

Thursday, June 26, 2008 -- (Meditation: Psalm 4:8) God, apart from You there is no lasting peace, and no lasting comfort. Apart from serving You and serving others, there is no lasting joy. God, all things are in Your control and I happily leave them there. Your will be done. In Jesus' name. Amen.

Friday, June 27, 2008 -- (Meditation: I Peter 4:8) God, thank you for my in-laws. The whole time we have been married, they have never tried to tell us what to do. They were willing to advise us, but only if we asked. They never tried to make us feel guilty or feel sorry for them. They loved us unconditionally. I have never known in-laws who trusted their children more. How wonderful it is to have this kind of love. Amen.

How to use Prayers At Work:
- Read through the prayer for the day.
- Let your spirit quietly enter into the prayer and make it your own.
- Pray your prayer to God.
- Sit in quiet meditation and wait for God's leading.