Monday, April 6, 2009 -- (Meditation: Matthew 26:36-39) God, what agony Jesus endured in the Garden of Gethsemane. In His pain and dread, He pleaded with His disciples, "My soul is overcome with sorrow to the point of death. Stay here and keep watch with me." He prayed three times that the cup of scourging and crucifixion might be taken from Him. His sweat, like drops of blood, flowed from His anguished brow. Yet, He knew what He must do, and He yielded Himself to You. God, grant ME the strength to be yielded to You, too. In Jesus' name. Amen.

Tuesday, April 7, 2009 -- (Meditation: John 3:16) God, how can the Cross on the violent hill of Calvary be a place of such comfort? How can the torture and taunts of the hill of Golgotha be a place of such peace and joy? God, we would not know the comfort of Calvary, or the peace of Golgotha, if Your Son had not died. Yet we realize how much You love us when we look at the Cross upon the hill with two names: Calvary and Golgotha. Thank You for the blessing of life eternal that was bought for us on that hill. Through Jesus Christ, our Lord. Amen.

Wednesday, April 8, 2009 -- (Meditation: John 1:29) God, Your Son knew the praises of all the saints and angels in heaven, yet He gave it all up to submit to the taunts and scorn of men. He was beaten and crucified. But His mission was nothing less than to take away the sin of the world. God, Your loving sacrifice is sufficient. I can do nothing to earn Your gift of eternal life -- only repent and believe. God, before Your Son I cry out, "Behold, the Lamb of God who takes away the sin of the world!"

Thursday, April 9, 2009 -- (Meditation: Acts 2:24) God, because Jesus died, I, too, can take up my cross daily, dying to self. And because He rose victorious, I share His victory over death through faith! All praise to You, O God, for the sacrifice and victory of Jesus! Amen.

Friday, April 10, 2009 -- (Meditation: Matthew 28:5-6) God, life in our culture is like an Easter egg hunt. We dress up. We compete. We run to see how many brightly colored eggs we can find to put in our basket. We look hard for the golden egg. Forgive our selfish and feverish ways. Humble us, so that we remember the One who said, "It is more blessed to give than to receive," and that we remember the real reason for Easter. May the words, "He is Risen!" ring in our hearts anew. God, an empty tomb, not a full basket, is our victory. It was won, not by competition, but freely given by Jesus, Who laid down His life, and rose again. Hallelujah!

EASTER SUNDAY, April 12, 2009 -- (Meditation: Romans 6:4) "Just as Christ was raised from the dead through the glory of the Father, so we, too, can walk in newness of life." (Romans 6:4). O God, thank You for the joyous celebration of Easter, and for Jesus' overcoming death and promising eternal life to those who follow Him. Now, I pray, help me to walk in newness of life: every step . . . every hour . . . every day . . . forever. Through Christ, my Lord. Amen.

How to use Prayers At Work:
Read through the prayer for the day.
Let your spirit quietly enter into the prayer and make it your own.
Pray your prayer to God.
Sit in quiet meditation and wait for God's leading.

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