Monday, May 17, 2010 - (Meditation: Matthew 16:13-16) God, when we read the Bible, we see that mysterious man called Jesus.
There was something compelling about Him that drew others to Him. He commanded authority. His disciples left their work to follow Him, without fully knowing who He was, or what was ahead. We, too, are called to answer His question, "Who do YOU say that I am?" We don't know perfectly. We don't know scientifically. Nevertheless, the greatest question we face in our own lives is the question, "Who do YOU say that I am?" God, help me to answer, "You are the Christ, the Son of the Living God. You are my Savior and my Lord." Amen.

Tuesday, May 18, 2010 - (Meditation: Psalm 73:23-24) God, You call me to let go of the cares of this world and seek the hidden riches of Your Kingdom. But I am glad You do not call me to be alone.
Jesus said, "Lo, I am with you always." I will never walk alone, even in the valley of the shadow of death. God, I praise You for Your constant, caring presence. In Jesus' name. Amen.

Wednesday, May 19, 2010 - (Meditation: Psalm 145) I praise You, my God and King. Every day I will praise Your holy name.
You are great, and greatly to be praised. Your mighty acts are beyond understanding. The depth of Your love is beyond understanding. Your forgiveness is beyond understanding. Your gift of eternal life is beyond understanding. My God and my King, I praise You. (Adapted from Psalm 145)

Thursday, May 20, 2010 - (Meditation: James 1:12) God, when black clouds hover over me, and waves of sorrow break over me; when every gleam of gladness is washed away, leaving me in despair, then who can still the storm and turn sorrow into peace? Only Your Son, who suffered scourges, and endured a Cross of spikes and a crown of thorns. Only Christ, who laid down His own life so that others may live. O God, in the dark of night, hold me close until the dawn of tomorrow, with its promise of peace and life eternal with You. Amen.

Friday, May 21, 2010 - (Meditation: I John 2:15-17) God, I find myself reading the newspaper more than reading Your Word.
Talking with others is more important than talking with You. Reading my text messages and e-mails is more important than listening to You. Making and keeping appointments with others is more important than making and keeping appointments with You. Watching a ball game on television is more important than watching for Your guidance. Being connected to the internet is more important than being connected with You. God, I don't really BELIEVE all these things, but sometimes I ACT like I do. How I must disappoint You! Forgive me, and help me to live by Your priorities. In Jesus' name. Amen.

How to use Prayers At Work:
Read through the prayer for the day.
Let your spirit quietly enter into the prayer and make it your own.
Pray your prayer to God.
Sit in quiet meditation and wait for God's leading.