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Need a Summer Survival Guide?

See Page 10

April 17, 2013

The Monthly Student Newspaper of Rhodes College

Mounting Injuries, Increased Athlete Population, But No Additional Trainers

Tyler Springs

As Walker McWherter rounded third base, his leg twisted awkwardly in the rain-saturated ground. He pulled up limping, grimacing in obvious pain.

"Alright, that's it," Jeff Cleanthes said. "Bring it on in."

You could understand why Cleanthes, the head baseball coach at Rhodes, chose to call an end to the Tuesday afternoon practice. It was early March, 46 degrees and breezy, and the team had been hard at work for more than two hours, taking tough hacks in the batting cages or working on a variety of bunt defenses that they had struggled to execute in recent games. Additionally, McWherter, a business major from Jackson, TN, is one of the baseball team's regular starters in the outfield. Losing him for even one weekend, such as the series the Lynx were about to play against conference rival Oglethorpe, would have been a noticeable blow to the lineup.

Though McWherter was ultimately unhurt, the incident illustrated the unusual fragility of this year's Lynx baseball squad (18-17 overall, 9-9 in the SAA), which includes at least twelve players among the 40 listed on the roster (30%) who have been unavailable to play at different times due to injuries and illnesses ranging from bone fractures to mononucleosis.

Drew Gibson, the head athletic trainer at Rhodes who travels with the baseball team, believes that Lynx athletes have been uncommonly fortunate in the past and the program is just now experiencing the typical injuries that every school sees.

"It's probably the least healthy team I've seen at this point in the season over the last few years," he said at the time. "But we've been really lucky. There hasn't really been a major injury like [starting shortstop Bill] Munson's [broken arm] in maybe eight or nine years."

Given the attention allocated to sports injuries these days—like, for example, Kevin Ware's gruesome leg injury, the abundance New York Yankees stars currently on the disabled list, or the NFL's on-going debacle with concussions and their effects—it would seem a good time to examine the preventative and rehabilitative measures that amateur and professional teams are taking to fortify the health of their athletes. For its part, Rhodes

is on par with other schools in its conference, the Southern Athletic Association, in that it employs three full-time athletic trainers to provide care to Rhodes teams. According to an article in the Winter 2013 edition of Rhodes magazine, there are 573 individuals involved in varsity sports, and the training staff must serve them all. That means resources can get stretched thin at times.



Rhodes head athletic trainer Drew Gibson tests the injured shoulder of catcher Josh Goodwin. Three full-time athletic trainers serve over 570 Rhodes student-athletes during the year. (Photo courtesy of T. Springs)

Injuries, article continued on Page 12

ADHD Coach Begins Rhodes Partnership: Group chats and individual coaching provide on-campus help to students

Tyler Springs



ADHD coach Ben Boeving has partnered with Rhodes to provide individual and group sessions to students affected by the disorder.

(Courtesy of BenBoeving.com)

"What would be better to help others with than what I had experienced personally?"

This was the thought that entered Ben Boeving's mind. In all the years that he had struggled through school at UT-Knoxville, struggled through jobs in the real estate, pharmaceutical and medical research industries, struggled to use what he felt were his real strengths while trying to overcompensate for his weaknesses, the choice had never seemed so simple. He decided he was going to be a coach for individuals with attention deficit hyperactivity disorder (ADHD), a condition

for which Boeving himself had needed coaching.

"My strength is helping others, and that thrives in the coaching environment, as far as actively listening, being there, trying to really help them solve their problems," Boeving says. "I use humor and disclaimers [to handle] the challenges of ADHD. It takes the pressure off and lets me focus on the more important things."

Boeving, who recently entered into a contract with Rhodes to provide ADHD coaching regular services to students at convenient hours, feels lucky that he was able to recognize his own difficulties with ADHD and work to conquer them when he did.

"I was always told I had the potential but needed to put in the time and work," he says. "Most of the kids I work with have had people telling them... 'It's not that hard, you just need to try harder, you need to motivate yourself.' Coaching brings more of a realization that 'Hey, you know what, it's actually harder to get motivated when you have ADHD.'"

In fact, ADHD is a disorder of degrees, one that affects everyone differently and can be hard to recognize because it often exists alongside other illnesses like anxiety, depression or a learning disability. Treatment-wise, there is a dangerous disparity in the prominent options available to patients. One option is to take a prescription medication, which risks unhealthy side effects but usually brings quicker results. The other primary path is a combination of psychotherapy, education, and coaching, which can be enormously effective, but it is often more expensive and requires a greater dedication of time to do. Ideally, medication and psychotherapy/coaching can work together, but in a world that revolves around instant gratification, the latter is a less-appealing component of the solution.

"Medication is a wonderful thing if you can find the right one, but not everybody can, because it's based on your own chemistry," Boeving says. "What I often teach students is that, 'the pills don't teach skills.' What the medication does is it equips your brain better to learn certain coaching strategies you can implement to manage your life. Some students aren't on medication. Sometimes they are. It just depends."

Melissa Butler, the head of Student Disability Services at Rhodes, sees this new coordination with Boeving as a significant boon for students who are struggling with ADHD.

"Currently, 6% of Rhodes students are registered with Student Disability Services for ADHD and learning differences," Butler says, which is on par with the nationwide rate of diagnosis. "Providing access to ADHD Coaching services has been a positive supplement to the existing services offered... Having referred students to Mr. Boeving over the years and receiving positive feedback from all students, this partnership was a logical next step."

Boeving is certified as an ADHD coach through the ADD Coaching Academy in New York. More information is available on his website, BenBoeving.com, or through SDS.

Letter from the Editor-in-Chief

Dear Rhodes,

The signs of the end of the semester have begun to manifest; the artificial breeze of the air conditioning mitigates the wet sting of humidity, projects once scheduled for almost-imaginary days far into the future have been turned in, and the Sou'Wester is publishing its last issue of the semester. My favorite season is on the horizon.

As a junior, it is hard to imagine that this is the last true summer I will ever have, free from obligatory days of real work, and still blessed with the assumption of weeks of vacation. I urge my underclassmen to make the most of each summer through internships, classes, or traveling, because the notion of summer in its present form will cease to exist for us all very soon. I find myself longing for the summers of past years, wishing I had done more and less simultaneously.

This summer the Sou'Wester plans to fully launch its website (thesouwester.org) and will document local events like Beale Street Music Fest (be jealous that we get to go!) and will feature articles written by students spending their summers abroad as well as internship blogs.

Please check our website for updates, and remember that it is never too late to join an activity and make a lasting impact. Here is a shameless solicitation for more writers, editors, photographers, and cartoonists. I would be happy (and truthfully, relieved) to expand the Sou'Wester staff next semester.

I am looking forward to returning to you in technicolor next semester!

~Erica Morozin

Grieving Boston Tragedy Without Speculations: Avoid Spreading Harmfully Inaccuracies

Akvile Zakarauskaite

In light of national tragedy, we have a right to be angry. We also have the right to fear. Yet these emotions, while rational, should never get the best of us. In the wake of the Boston Marathon bombings, little is known about who did this and why – it's going to be easy to jump to conclusions as our twenty-four hour news cycle reports on every bit of information and pundits speculate as to who could have committed such an act of terror. Yet while one of these speculations might end up being true, we are in a time where rumor travels more quickly than fact. These rumors neither make us feel better nor help justice prevail – instead we become more angry and more fearful. These feelings in turn cause us to make false accusations and distrust our neighbors.

The truth is that we are often wrong when we speculate. In 2011 after the attacks on Norway, some people were quick to characterize the terrorist as an Islamic fundamentalist – he ended up being a Norwegian anti-government extremist. On Monday the New York Post was quick to (incorrectly) report that a "Saudi National" had been taken into custody when in fact nobody had been taken into custody and the individual in reference had only been questioned by police as had many other individuals. They also incorrectly put the death toll at 12, only backtracking their statement the next day. These false statements and accusations do help no one – not our law enforcement, not the victims, and not the nation.

In the end, we will find out who did this and they will be brought to justice, but that is a job for our law enforcement and federal agencies who have the facts and resources to work with. Yet we have an equally important job



to do – show whoever did this what we are resilient, and that the good will always outnumber the bad. Within a few hours of the bombings, we saw so many amazing things happen from the Red Cross informing us that the massive influx of blood donors provided them with enough to meet their need to Google docs with the names and contact information of people opening up their homes to people with no place to stay. Images like those of first responders rushing to the scene instead of away from it and ordinary citizens making tourniquets out of their clothes are signs that humanity will prevail.

The point of terror is to make us fear, and in times like these it's hard for us to resist that. It will be hard, but the only thing that we as ordinary citizens can do to fight terror is care for one another – there is nothing more discouraging than that to the hateful few that exist in our world.



(photos courtesy of wikiimages)



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How to Reach Our Authors and Us

As the official newspaper of Rhodes College, *The Sou'wester* is produced entirely by students on staff. It functions independently of faculty and administration. The newspaper is published weekly throughout the fall and spring semesters, except during exam periods and breaks.

The Sou'wester is a member of the Student Media Board, a consortium that includes the editors of all student media outlets, class representatives, and at-large representatives from the student body.

All staff editorials published in *The Sou'wester* represent the majority opinion of the Editorial Board composed of section editors and executive editors. Opinions expressed in opinion columns and letters-to-the-editor do not necessarily reflect the opinions of *The Sou'wester* Editorial Board. Letters-to-the-editor are encouraged, but cannot exceed 350 words; all letters must be signed and will be edited for clarity.

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ASSOCIATED
COLLEGIATE
PRESS

Fighting the Civil War in Memphis, 150 Years On

Patrick Harris
Opinion Editor

Nearly a century and a half after the guns fell silent, the Civil War still sets Americans at passionate odds with one another. The conflicting remembrances of that frightful conflict weigh heavily on the aspirations, anxieties and prejudices of the present more than any other chapter of our shared history.

Memphians have recently seen the dark side of that legacy with the Ku Klux Klan's rally to protest the renaming of several downtown parks honoring Confederate leaders. The Klan has done a disservice to a rising generation's efforts to understand the war by conflating the cause of "heritage" with its own profound moral ugliness. One can rest assured, of course, that the Klan represents a very marginal constituency indeed.



The KKK at the Shelby County Courthouse for their rally on March 30, 2013. Photo courtesy of Mike Maple from the Commercial Appeal.

A greater danger than its embittered fanaticism, though, is the loss of historical memory to sheer indifference. The meaning of the Civil War goes beyond its direct historical consequences, much as those are with us today. There is something uniquely captivating and unsettling in what happened here on our own soil fifteen decades since, something that haunts the American character and the Southern character in particular.

The real value of that inheritance is far harder to define than something as simple as a set of historical "lessons"; it lies in the difficulty, the ambiguity, and the unresolved questions that remain in making sense of the human tragedy of the war.

Travel to the courthouse square of almost any small Southern town, and you will find a memorial to the glorious dead. The stern statuary and somber monuments are much the same from Texas to the Chesapeake; they all betray a pervasive sense of loss, the epitaph of a lost way of life etched in marble and stone. That this way of life was fatally complicit in the iniquity of race slavery renders that melancholy no less poignant; quite the contrary. For most Americans, the experience of defeat plays little role in their self-conception. They continue to think of their own history, insofar as they think of it, as the triumphal march of democracy.

For the United States as a whole, the closest spiritual cousin to Dixie's solemn shrines is perhaps the austere wall of names at the Vietnam Memorial. But the unhappy memories of the conflict in Indochina still occupy a much shallower place in the nation's collective consciousness than the War Between the States does for Southerners.

More than their fellow countrymen, Southerners perceive, even if only dimly or implicitly, that their own story is at least as much tragedy as morality tale. However loudly proud of their history individual Southerners may be, it is as if every affirmation ends in an asterisk. History weighs heavily here; even for the unreconstructed devotee of the Lost Cause, history is a problem to confront, a question to

be answered.

For African Americans, in the South and elsewhere, confronting the weight of history has in large part been an effort to reclaim their own stories from a broader culture that has been all too susceptible to amnesia. The ongoing struggles over the memory of the war hold a particularly visceral significance for a people held in brutal subjection within living memory.

For white Southerners the picture is, if anything, more complex: regional pride and a sense of rootedness stand in constant tension with the recognition of ugly or uncomfortable historical realities.

Non-Southerners, moreover, are too often content to discreetly confine the blame for the nation's shameful racial injustices south of the Mason-Dixon, helping to foster a gnawing sense of inferiority among many Southern whites. Every debate over the meaning of the Civil War brings this stew of pathos to the forefront, the current controversy over Memphis' public parks being no exception.

If there is a proper response to the challenges of remembrance, I would suggest, it is to resist the urge to shoe-horn these contradictions into a preferred narrative. Like all things human, there is more meaning in history than a single political purpose, however well-intentioned, can accommodate. The recent suggestion of adding the name of anti-lynching crusader Ida B. Wells to Forrest Park (named for a Confederate general who played a founding role in the KKK) is a far better proposition than attempting to erase the Confederate monikers altogether. It is incongruous, to



The Nathan Bedford Forrest memorial in Health Sciences Park, formally known as Forrest Park before the change was made on February 5, 2013.

be sure, for the memory of Wells and of Forrest to be evoked in the same breath, but that is precisely the point. History is untidy, and worthy of remembrance even when -especially when - it raises disquieting questions.

Nathan Bedford Forrest, for better or for worse (both, I would argue), is part of the history of this city, as are the other men who fought for the Confederate cause. No less worthy of remembrance are the black soldiers who fought, with at least as much courage, for the freedom of themselves and their people.

Another recent initiative to establish a monument in Memphis to African-American soldiers of the Civil War is long overdue, and worth more attention than the brouhaha over park names. The inclusion of neglected stories does far more for historical understanding than a wrecking-ball approach to cherished myths. The Civil War was, as Shelby Foote put it, "the crossroads of our being", and the full gamut of the experience of the war, from villainy to heroism and (mostly) everything in-between, belongs to all of us as an inheritance. Embracing the totality of that heritage allows us to better understand ourselves in light of the tragic, confounding, and richly human drama of history.

The monthly sassy bisexual column

And a Review for the Road

Xany Moore
Staff Writer



(photo courtesy of <http://popnijas.com/wp-content/uploads/2013/01/gabc.jpg>)

Last month, I talked about sexual assault and rape culture. Today as a wrap up to our school year, I would like to give the opposite side of the coin: vigilante female serial killers who like to torture and murder rapists.

I mean, obviously, this method is not for amateurs. For a full training manual, please watch *Girls Against Boys*, where one can fully learn how to revenge misogynistic wrong-doings. As all feminists know, the only true way to avenge centuries of sexism is to kill all the men. Science discovered how to chemically create sperm years ago. Not to mention, it also discovered how to merge two unfertilized eggs to make a zygote. (Don't ask me how—I'm an English major!) We don't need men anymore, so I think it's time to start weeding out the underdogs.

For those who are wondering, *Girls Against Boys* is a horror movie (at least it tried to be). The film, starring Danielle Panabaker (of past Disney fame) and Nicole LaLiberte, follows student/waitress Shea (Panabaker) as she is assaulted twice in the course of 24 hours. Co-worker-turned-co-murderer Lu (LaLiberte) helps her regain peace of mind by killing the offending men. Their killing spree goes astray, however, when Lu starts killing off any sexist man who crosses her.

The movie premiered in February to negative reviews, but I found it quite helpful as I plan all of my vengeful mass murdering Saturdays. Somehow, we keep breeding rapists in our society. Who knew? I guess a girl's work is never done. (And by "girl's" I mean mine. If there are non-female identifying people out there who want to become the Kick Ass to my Hit Girl, I'd love the honor.)

Lu definitely had all the right ideas, but I understand the critiques: this was not a horror film. I hate horror films. I can't stomach them. When I was 13, my friends and I got ten minutes into a *SAW* at a birthday party. I finished the evening with the friend's mother and cat while watching Game Show Network. This movie has not enough blood or creep-tastic music to be a horror film. Only two limbs are chopped off, and no one has to decide whether to blow themselves up or chop off the heads of two starving orphans.

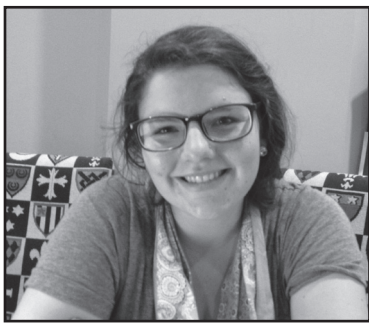
Despite the critiques, I enjoyed the film greatly. My favorite part was the surrealism: when Shea goes to report the attack, a police officer asks "Why didn't you call the police?" Shea shrugs. "Well, you look fine to me. It couldn't have been too bad," he says. I got shushed in the library for laughing too hard. Like that could ever happen in real life. Police always side with the victim, and we never victim blame in America.

In my book, *Girls Against Boys* gets 500 stars!

(NOTE TO READERS: Lately, there has been some confusion between my sass and my anger. There are also decades of precedent to say that people don't always recognize satire, so let me be very clear: this is sassy satire with a hint of ire in the word choice. Happy reading! And enjoy your summers!)

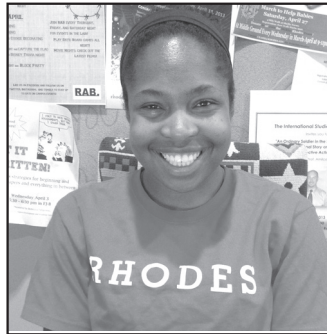
Student Voice

What are your plans for this summer?



"Taking off to Ecuador with the Maymester, hopefully to improve my Spanish skills. Then I will return to Memphis to begin research on urban education through the Rhodes Institute for Regional Studies. I also hope to get up on a roof and shingle, spend tons of time out in Memphis, and build a bicycle." -Abbey Judd '15

"This summer I will be enjoying the amenities of Rhodes Country Club. You can catch me at the pool, gym, or tennis courts when not in Spanish 201. Fingers crossed I will intern part time at the National Civil Rights Museum. This is my excuse to eat more Jerry's and Huey's"
-Jessica Johnson '16



"I will be at my internship at an investments firm, Gerber Taylor. It's downtown on Main, so I am hoping to hit up a lot of cool things happening in the area. At the end of June, I will be off to England for the British Studies Program at Oxford!"
-Taylor Jackson '14



I'm going to France, y'all! I'll be spending six weeks in Aix-en-Provence, studying abroad in a French language immersion program. I'm staying with a host family and I know absolutely no one else going, but I'm super excited to improve my French and meet new people.
-Sam Anscher '14



"I will be working at NASA's Goddard Space Flight Center on a project measuring the Cosmic Microwave Background, light from the very beginning of the universe. I'm excited to be in Washington, DC, working with some of the best scientists in the country to study our collective beginnings"
- Alec Lindman '14

Not featured: Kurt Hebert, Class 2013
Response: All I can tell you is that I am not allowed to tell you.

CAMPUS SAFETY

March 20- April 14, 2013

03-20-2013

Theft of a parking sign in Upper Phillips. Report taken. Video found referred to conduct.

03-22-2013

Domestic report (battery) Report taken.

Theft of a purse reported from the Lair restroom.

AV/Injury report filed in Glassell

03-23-2013

AV issued in Stewart

03-24-2013

Disturbance in Robb Hall, officer's responded report filed.

Disturbance near the WV Breeze way, trespass letters sent to non-students.

03-27-2013

Theft from Vo-To (clothes).

04-01-2013

Vehicle damage reported in the Freshman lot, the rim damaged.

AV report filed at the SAE house.

04-02-2013

Property damage, vehicle hit gate post on Thomas at Bailey.

04-04-2013

Fire code violation reported in EV, candles not allowed.

04-05-2013

Purse reported left at the mailroom, found in lost and found, missing cash.

Injury report taken at the Pike house, no transport.

AV/battery report filed in Mallory.

(5) additional AV reports filed (ROS).

Injury report taken at the EV. Transported to local hospital.

Injury report taken at the ROS tent, transport by vehicle.

04-06-2013

AV/False ID report taken.

AV report filed at ROS.

AV/DUI report filed for off campus.

Vandalism reported in the Mallory lot. Mirror damaged. Under investigation.

04-07-2013

Sunglasses theft reported from a car parked on Phillips Lane. Under investigation.

04-11-2013

Off campus robbery reported. Campus wide email sent.

04-12-2013

AV/property damage report filed in the Mallory lot. Video found referred to conduct.

04-14-2013

Suspicious person reported on Tutwilier, report filed.

Golf cart taken, students located, conduct report filed. Video found referred to conduct.

Unauthorized guest in the Pike house, report filed. Video found referred to conduct.

Off campus theft report file, north of campus on University Ave. extra patrol assigned.

04-14-2013

Medical report filed in Bellingrath, no transport.

Review of the Top Eight Goat YouTube videos

Victoria Yates

If you've seen "Drag Me to Hell," I bet your favorite part was when the goat spoke, I know it was mine. Goats are just funny creatures and we love them; YouTubers especially. Have you seen a fainting goat or a goat yell like a man? If not go ahead and look up these goat videos. Trust me it's worth every minute.

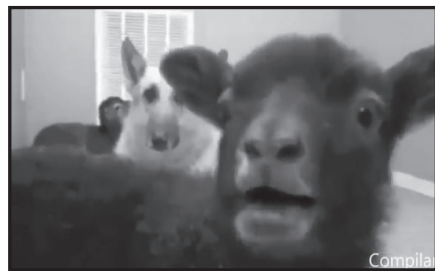


Fainting Goats
17, 514,686 views
Uploaded by jimmywan87

Fainting goats are no laughing matter my friends. Okay never mind, yes they are. These kind of goats have a gene in which whenever they are frightened or excited their legs go stiff and they fall over. You see in this video the owner of the goats scaring them multiple times and you will probably laugh every single time. The newscast and documentary feel of this video make it truly unique and memorable.

Goats Yelling Like Humans
15, 652,581
Uploaded by RSVLTS

Goats do such a great job of imitating screaming men, seen as a compilation in this video. If you don't actually watch the video, but only listen to it, all of these goats sound scarily like humans. The videos are from all over the world so it's interesting to see the different types of goats and the people recording. I just don't get why it is so difficult to imitate a goat. It always turns out bad.



The Ultimate Goat Edition Super-Cut
8,498,751 views
Uploaded by compilariz TV

You would've thought you have seen it all until you watch this video. The top music from the past year is compiled with screaming goats. Top stars such as Adele, Miley Cyrus, Justin Bieber and others appear in their hot music videos and a screaming goat finishes on a strong note in the chorus. It seems like it would be obnoxious, but it just goes to shows how new music all the sounds the same. This video is very well put together on top of all that.

Buttermilk "plays" with her "friends"
8,096,688 views

Uploaded by Kathryn Harnish

This goat video is just full of cuteness that'll make even the manliest man go, "Aw!" Baby goats are just adorable, but one hyperactive little goat is ten times cuter. Buttermilk, the star of this video, is seen sprinting around the yard while her siblings are just chilling and eating grass. She is literally bouncing off of the other three goats and running circles around the owners. The title then becomes clear that it was sarcastic because Buttermilk knocks over her "friends" and enjoys herself while they take her abuse. You can hear her manically laughter throughout the video. It's funny just to see them get up and act like nothing happened. Buttermilk is one crazy little sister. Be glad she isn't yours!



The Talking Goat
2,452,522 views
Uploaded by chrissyq02

For some odd reason, people really enjoy watching others make fools of themselves on national television. The giggles are unstoppable because you feel sorry for the person, but you're relieved that it isn't you up there on that stage. In this video clip, a young woman faints while on an educational show. This Russian woman is well way into her lecture when her sentence slurs, causing her to stop mid-sentence and falls over onto the backdrop. It is really hard not to laugh at the irony because she's teaching young students about oxygen.

Even though this video is a Spanish language, the viewers can work out what's happening between man and goat. The goat keeps spitting at the man and beckoning him to keep coming at him. The man is obviously joking around with the goat, but this is one temperamental goat. All the man wanted to know was what was up with goat and he gets ignored. How rude. The exchange of words from man or lack thereof from the goat is a hilarious encounter.

Man Argues with Spitting Goat
2,231,437 views
Uploaded by 3v1ld34d



Goat Massage
521, 944 views
Uploaded by scottpictures

This video shows a farmer interacting with his three baby goats. It is so sweet to see a person actually being close to little animals like this. He lays down for them and they play on his back, giving him a "massage." Interactions such as this make the world a great and happy place!

Chicken Goat
472, 471 views
Uploaded by LollVideos

Goats are strange creatures when they act like goats, but this goat is taking it to the next level of weird. This poor goat must believe he is a chicken. As this family records him, he is continuously clucking like a chicken. He seems to respond to the man speaking so maybe he isn't all that confused as he lets on to be.



Top Five: Weird Holiday Movies

Shelby Lund
A&E Editor

It's that time of year again. Rites of Spring have come and gone, the weather is finally warming up, and finals are just around the corner. But good news, Rhodes! That means the summer blockbuster season is coming on fast, with all its glorious explosions and overblown use of CGI. Here are five movies—in order of release date—that are guaranteed to take viewers on thrilling, fun-filled rides this summer.

1. *Iron Man 3* (May 3rd): This summer's first official blockbuster is also its first superhero flick. Promising to return Tony Stark (Robert Downey, Jr.) to his roots, the film features Tony, his best friend Rhodey (Don Cheadle), and his girlfriend Pepper (Gwyneth Paltrow) taking on a mysterious terrorist known as the Mandarin (Sir Ben Kingsley), who launches a personal attack against Tony. The film also stars Guy Pearce as Adrian Killian, a rival of Tony's with a thing for Pepper, and Rebecca Hall as Dr. Maya Hansen, a brilliant scientist and "old friend" of Tony's.

2. *Star Trek Into Darkness* (May 17th): The sequel to the highly successful 2009 franchise reboot, the film follows Captain Kirk (Chris Pine) and his crew as they face off against a former Starfleet officer called "John Harrison" (Benedict Cumberbatch), who is responsible for a series of terrorist attacks. Hungry for revenge, Kirk leads a manhunt into a war zone to bring Harrison to justice. The film also stars Zachary Quinto as Spock, Zoe Saldana as Uhura, and Alice Eve as Dr. Carol Marcus, a rumored love interest for Kirk.

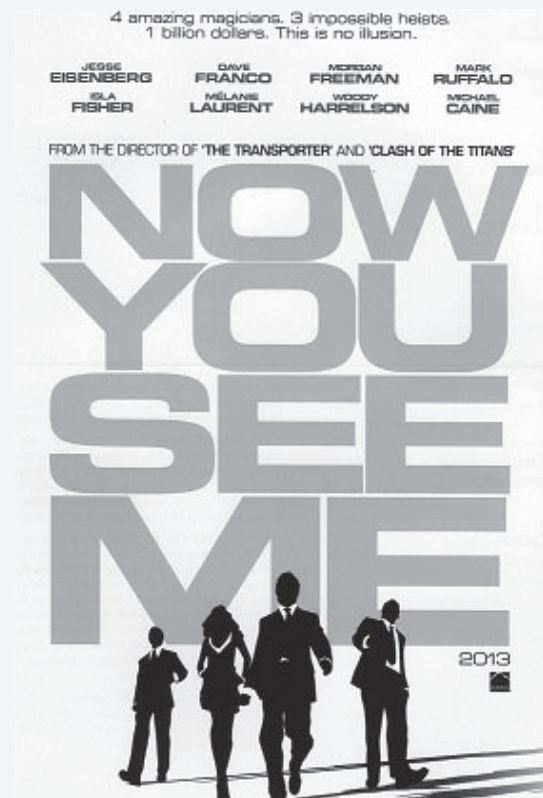


"The third film in the highly successful *Iron Man* franchise pits Tony Stark (Robert Downey, Jr.) against his comic-book arch-enemy, the Mandarin (Sir Ben Kingsley)."

3. *Now You See Me* (May 31st): For those looking for a potential blockbuster that does not belong to an established franchise, this one that looks absolutely spectacular. *Now You See Me* follows FBI Special Agent Dylan Hobbs (Mark Ruffalo) as he attempts to figure out how a magic super-group called the Four Horsemen, led by the charismatic Michael Atlas (Jesse Eisenberg), pulled off two seemingly impossible bank heists, all while attempting to stop their big final trick. He is aided by Interpol detective Alma Vargas (Melanie Laurent) and famed magic debunker Thaddeus Bradley (Morgan Freeman), but can he really trust either of them? The film also stars Woody Harrelson, Isla Fisher, and Dave Franco as the remaining Four Horsemen.

4. *Man of Steel* (June 14th): The first attempt to reboot a Superman film franchise after the disastrous *Superman Returns*, *Man of Steel* shows Clark Kent's (Henry Cavill) discovery of his alien nature and his struggle to find his place in the world. The film also promises to delve deeply into the story of Krypton's destruction, especially since Kryptonian villain General Zod (Michael Shannon) features as the main bad guy and Academy-Award-winning actor Russell Crowe has been cast as Kal's biological father, Zor-El. The film also stars Amy Adams as Lois Lane and Kevin Costner as Jonathan Kent.

5. *The Wolverine* (July 26th): Touted as a sequel to *X-Men: The Last Stand*, the film takes a despondent Logan (Hugh Jackman) to Japan, where he must deal with powerful figures from his past and his own issues with his immortality. Things become more complicated when his healing factor is compromised. The film also stars Hiroyuki Sanada as Shingen Yashida, the main antagonist and Rila Fukushima as Yukio, an ally of Logan's.



"Now You See Me stars Mark Ruffalo as an FBI agent and Jesse Eisenberg as the leader of the magician/bank robbers that he is trying to take down."success."



While sophomore Katherine Robinson plans to become a pharmacist, music has, and always will be, a huge part of her life."

Student Musician of the Month: Katherine Robinson

Molly Whitehorn
A&E Photo Editor

Although she says she's "always been singing," sophomore Katherine Robinson started taking voice lessons in seventh grade because her mom could no longer stand to listen to her sing. The Hernando, Mississippi native originally wanted to perform modern songs. However, she decided that her "voice is not suited for that" and tried other styles, like musical theater and opera.

Robinson's background in piano, which she practiced for over 10 years, laid a strong foundation for when she began singing. "It's very useful in practice—I can accompany myself." After she began classical training for her voice, she was able to hone her talent. "When I finished my lessons with my voice teacher he said to me, 'It's a miracle what I've done with you Katherine.' That's why when people tell me they can't sing, I always correct them. If I can sing like I can now after how I started off, then anyone with proper training can learn to sing also."

When Robinson originally came to Rhodes, she says it was her "intention" to be a music minor, but her schedule quickly changed to cater to her biology/chemistry bridge major. She is pre-pharmacy and was selected to be a part of the St. Jude Summer Plus program as a freshman. This overachiever is also the Assistant Soprano Section Leader for Rhodes Singers and takes private voice lessons on campus, and she has made a special connection with both solo and choir performance. "I love solo performing. It's amazing to sing a piece that you love. But I also enjoy choir singing. There is such an energy with collective voices. It's more palpable as opposed to one person doing it because the piece means something different to every person."

In ten years, Robinson's dream life would consist of her being married, living in St. Louis so she could be close to her beloved Cardinals, having a career as a clinical pediatric pharmacist, and giving private voice and piano lessons. But as far as student musicians go, Robinson is one of the few who does not see, or even want to see, her name in lights. For her, music is a passion and a hobby, but neither her love for it nor her talent will ever make it a lifestyle. "It's part of my life but I don't want it to be my life."

But nevertheless, she plans on keeping music in her life for as long as possible. "I definitely want to keep doing it. Music keeps you connected with yourself and society. When I'm singing, I am not thinking about molecules."

Gone Too Soon: The Best TV Shows with Only One Season

Jasmine Gilstrap
News Editor



Before the reunion for Vanity Fair in 2012, the *Freaks and Geeks* cast reunited for Paley Fest in 2011. (Courtesy of Creative Commons)

The announcement of HBO's decision to cancel the Golden Globe nominated show *Enlightened* made me think about other shows that, in my opinion, ended much too soon. With finals ahead, I present some of my favorite shows that lasted for only one season so that you can watch the entire series in one night while avoiding that paper that's due in two days.

***Freaks and Geeks* (1999 - 2000):** After spending my entire spring break re-watching this gem of a show, I highly recommend it as THE one to watch to waste time. Following the life of Lindsay Weir, played by Linda Cardellini, and her brother Sam, played by John Francis Daley, *Freaks and Geeks* showed what high school in 1980 was like for those on the outskirts of the popular clique. While Linda and Sam's lives are complicated enough to carry plotlines, the all-star cast makes this one show worth remembering—which *Vanity Fair* did in their comedy-issue guest edited by the show's creator, Judd Apatow. If you want to see James Franco, Seth Rogen, Jason Segel, Lizzy Caplan and Shia LeBeouf before they hit it big, you should definitely put watching *Freaks and Geeks* at the top of your To-Do list.

***My So-Called Life* (1994 - 1995):** I think it's safe to say that most of us were toddlers when this show originally aired. The 1994 teen drama focused on the emotional travails of Angela Chase, played by Claire Danes, and her friends. The show's episodes centered around important social issues such as child abuse, homophobia, teenage alcoholism, homelessness, adultery, school violence, censorship, and drug use. Rather

than treating these issues as "special cases" for episodes, the entire season incorporated the impact of the problems on the lives of the show's protagonists. Watching this show might not solve these problems, but it will make you think about them...if you're not already.

***Life As We Know It* (2004 - 2005):** Based on the novel *Doing It* by British writer Melvin Burgess, this show is the first one I actually watched during its original air time. Set at Woodrow Wilson High School in Seattle, Washington, *Life As We Know It* followed ice hockey star Dino Whitman, played by Sean Faris, and his friends through the trials and tribulations of high school and all of its affairs, pun intended. Like *Freaks and Geeks*, the show provided a perspective of high school not previously shown on TV dramas and focused on serious questions about relationships, sex, and sexuality. Dino and co. may seem like average teenagers, but the mundane feeling of the show makes it impactful for contemplating these issues in one's own life.

***Jack & Bobby* (2004 - 2005):** Presented as faux documentary, *Jack & Bobby* told the story of two brothers, one of whom would become President of the United States from 2041 to 2049. The story is set in present day, but told through retrospective interviews with White House staffers and the First Lady. The names clearly make a reference to Jack and Bobby Kennedy, but the allusions to political life end there, as the actions of the teenage boys provide the basis for most of the show. However, the values and judgments made by the boys receive the most attention due to the premise of one being the future president. I won't spoil the surprise of which one, but I promise the boys will not have the same legacy as the Kennedys.

***\$#! My Dad Says* (2010 - 2011):** Based on the infamous Twitter account, this sitcom about Ed, played by William Shatner, a very opinionated 72-year-old who has been divorced three times, contains the golden nuggets of truth dished out by the father of show's creator and owner of the Twitter account, Justin Halpern. In between these beautiful moments of TV is the story of Ed's relationship with his unemployed blogger son Henry, played by Jonathan Sadowski, and the issues that arise as a result. Unlike the other shows, *\$#! My Dad Says* did not receive critical acclaim, but did win a People's Choice Award for Favorite New TV Comedy. Overall, I would have to agree that the show doesn't quite live up to the hype from the Twitter account, but the one-liners are worth watching and reliving.

Did you make that S#1+ with your Hands? The 2013 Senior Thesis Exhibition

Annika Wuerfel
Staff Writer



Come visit the 2013 Senior Thesis Exhibit in Clough to see student-crafted pieces such as this one, which is titled 'Sheldon,' close up

How many people can walk into an art gallery or a museum and say that they personally know the artists being exhibited? Not too many, but this unique opportunity has now been given to the Rhodes community. From

April 19th through the 25th, the Clough-Hanson Gallery will host perhaps the most meaningful, unique, and special works of art that Rhodes College has seen all year. This exciting exhibition, titled "Did You Make That S#1+ with Your Hands? The 2013 Senior Thesis Exhibition" will feature paintings, sculptures, collages, and other works of art from nine Rhodes senior studio majors: Megan Barzizza, Ryan Conley, Lucy Gaines, Bert Geyer, Sarah Pate, Kenny Sheldon, Graham Smart, Katie Stich, and Julia Wolfe.

These students have worked very hard on their pieces and the fruits of their labor are evident. Just walking by the windows of the gallery, a passerby is immediately drawn to look at the captivating pieces on display. Including a colorful large painting of a seahorse-looking mutant creature in a beautiful underwater environment, a canvas piece that incorporates fabric and several different colors of paint, and what appears to be three worm-like creatures coming from green goo on the ground, all of the pieces in the exhibit really exude creativity, mastery of materials, and a wide range of techniques.

Rhodes students are highly encouraged to stop by the gallery and view the pieces, not only in support of the graduating seniors, but also for the enjoyment of the artwork itself. Gallery hours for Clough-Hanson are Tuesdays through Saturdays, 11:00-5:00 p.m. The gallery is closed Sundays and Mondays. Admission to the gallery is always free to the public. If you have any questions please don't hesitate to contact Hamlett Dobbins at Clough-Hanson Gallery, phone number (901) 843-3442, or via email at dobbins@rhodes.edu.

THIS WEEK IN ENTERTAINMENT

New Movie Releases:

4/19/13

Oblivion

The Lords of Salem

Filly Brown

In the House

Television Highlights

(4/17-4/23)

Modern Family, Wednesday, 8 pm, ABC. Manny is determined to land the lead in the school's production of *Phantom of the Opera*.

Elementary, Wednesday, 9 pm, CBS. A bank vault previously thought to be unbreachable is broken into; Sherlock meets Joan's family.

Glee, Thursday, 8 pm, FOX. The glee club members each have a different opinion on what they should sing at regionals.

Scandal, Thursday, 9 pm, ABC. Fitz's pick for Supreme Court Justice is caught in an affair with Olivia's new high-powered client.

The Dark Knight, Friday, 7 pm, TNT. Movie. Batman battles a vicious criminal known as the Joker.

Castle, Saturday, 8 pm, ABC. A murder investigation reveals a plot to kidnap a wealthy businessman's daughter.

Smash, Saturday, 8 pm, NBC. Ivy gets support from an unexpected place when she is overcome by nerves on opening night.

Once Upon A Time, Sunday, 7 pm, ABC. Mr. Gold asks David for help jogging Belle's memory; Anton's magic beans begin to grow.

The Following, Monday, 8 pm, FOX. When followers create a diversion at the town evacuation center, an FBI official is abducted.

NCIS: Los Angeles, Tuesday, 8 pm, CBS. After a special task force mission takes down an infamous cartel boss, the man's body is stolen.

An Evening with Ronan and Mia Farrow

Mariah Giblin
Staff Writer



(photo courtesy of citynews.ca)

Rhodes College recently held a lecture for students and faculty to engage in an open conversation about politics, entertainment, and affecting change in our communities with humanitarians Mia Farrow and her son, Ronan Farrow.

A UNICEF ambassador as well as a renown actress, Ms. Farrow's humanitarian efforts have specifically included writing and speaking on the genocide in Darfur, as well as traveling throughout the region.

Her son, Ronan Farrow is Mia's only child from her marriage with fellow actor Woody Allen, and has most notably served as a senior official during the Obama administration. In addition, he assisted the foundation of the State Department Office of Global Youth Issues, where he became America's first youth envoy during the Arab Spring revolutions.

Named *Forbe's* number one "30 under 30" most influential people in Law and Policy, Ronan has followed in the footsteps of his mother, making international headlines at the young age of 25.

The panel of members of the Lecture Board first asked the Farrow family about how their large and dynamic family has influenced their passion for philanthropy at home and abroad. Ronan explained that his unique upbringing—thirteen siblings, some of which come from all around the world—exposed him to global economic and social issues at a young age.

Not only did this instilled a sense of responsibility at his core, but he has been inspired by his siblings to contribute to the international community as much as possible. He then spoke of his fond appreciation of his mother, and how their passion for social and economic development has become an area where the two are able to join forces.

In contrast, Mia stated that being one of seven very similar children in an Irish-Catholic household growing up made her desperate to stand out and be different. Although there are differences between mother and son, their upbringings have allowed Ronan and Mia to find a common ground through philanthropy, and as a result, their work together has influenced change around the world.

When asked what specifically inspired values of social responsibility, Mia piped up first. Admitting that the adverse effects of stardom and fame "fueled

her passion to help others in need," it was both heartwarming and heartbreaking to hear Ms. Farrow describe the feeling of "being suspended in a lifeboat" and needing to pull people in as the result of an unhappy marriage. She spoke of her decision to leave Hollywood and how the Vietnam War protests were also an influence on her career as a humanitarian.

Ronan joked about how he grew up in his mother's "lifeboat," and reiterates how powerful it was witnessing his siblings' tough backgrounds of disease and abuse. Mia added that she always taught her children "the power and importance of respect and responsibility, that we must above all respect the human family and our planet." As she puts it, "it's the only one we got."

The panel ended the lecture by asking Mia and Ronan how students at Rhodes College can learn from their success and make a difference in the Memphis and international community.

It was obvious that Mr. Farrow had done his research as he lauded Rhodes College as being the most service-minded school in the country, specifically mentioning our campus programs such as The Kinney Program, The Bridge Streetpaper, amongst other activities.

He noted that the students of Rhodes College are "not waiting for an opportunity to make a difference," but that we are creating our own opportunities and taking initiative. The key to his early success, he describes, is his determination and constant submissions of Op-ed pieces to various publications until he was finally published.

He also reassured us that "young people can make a difference... don't be afraid to express your ideas, even though we are so young," he confidently added. Mia agreed with her son and inspired the audience to "not wait to make a difference!" She stressed that age should not hinder our ability to foster positivity and change in the world.

Powerfully, Ms. Farrow ended the lecture and stated that in her opinion, the most important thing for young people to understand is that "with knowledge comes responsibility." And as Mia and Ronan have proven, if all decisions are shaped by respect and responsibility, there is infinite room to succeed.

Study Abroad iPA of the week: Hannah Halford

Hannah Halford



(photo courtesy of H. Halford)

Where I Went: U.K., Turkey, Greece, Italy

When I Went: Fall 2012

Program: European Studies, Classical Track

Hello/ Geiá sou/ Merhaba/ Ciao Rhodents!

My name is Hannah Halford, and I am a junior English major here at Rhodes. Last semester I had the incredible opportunity of participating in Rhodes' own European Studies program. As you can tell from my multilingual greeting, European Studies introduced me to a wide array of cultures – all in one program! From the United Kingdom to Greece, Turkey, and Italy, we covered a lot of ground in one semester.

What I enjoyed the most was the combination of immersion and travel. Half the time we lived and studied classical art, literature, history and philosophy as Oxford University students, and the rest of the time we traveled extensively like restless nomads. In that travel time, I was able to see and apply what I'd learned in the classroom. I went from reading Sophocles' tragedies to seeing the stage on which they were performed in ancient Athens, from studying naval warfare to actually swimming in the Mediterranean, from discussing the fabric of Roman politics to gapping at the Roman Forum and Coliseum. And in between all of that, I was also experiencing the modern culture of those places: feasting on calamari and lamb in Greece, haggling over scarf prizes at the Grand Bazaar and later covering my head with one at the Blue Mosque and Hagia Sophia in Istanbul, and touring the Sistine Chapel at the Vatican in Rome. You could definitely say I was getting the best of both worlds!

Even now that I'm back at Rhodes, my abroad education has far from ended. In all of my classes this semester—English, psychology, international studies—I have run across references to Greek mythology, reread excerpts from Plato and Aristotle, and discussed Greek and Roman influence on neighboring societies. That just goes to show you: studying abroad is not an isolated event but an enduring experience that, cliché as it sounds, stays with you and influences you for the rest of your life. So go ahead—sign up! – and if you have any questions, I'd love to help.

Earth Day 2013 Events: On and Off-Campus Fun

Erica Morozin
Editor-in-Chief

While my love of the ease of disposable waterbottles may disqualify me from being the most green gal on campus, I do try to be as environmentally conscious as possible (Green Rhodes, does my vegetarian lifestyle and Prius C vehicle cancel out the waterbottle thing? ... Maybe). However it is an understatement to say that only vegan, hybrid-driving, appliance unplugging, water conserving, organic food consuming individuals are the only people who can enjoy Earth Day.

One of my favorite holidays, Earth Day encompasses a vast smörgåsbord of things to enjoy, parties, deals, giveaways, and all-around fun without that Catholic guilt.

I have included a list of Earth Day events:

Freebies:

National Parks:
Free entrance to all parks from April 22 – 26th.

Origins:
Bring in a bottle of your skin-care product and get a free full-size cleanser April 22

Target:
Free Bag with eco-friendly samples on April 21st. This offer is available while supplies last.

On-Campus Fun:

THURSDAY, APRIL 18th - Local Lynx Farmer's Market, 2--6pm in Barret Cloister

FRIDAY, APRIL 19th - "Fino's Friday at Five," bicycle caravan to Fino's at 5:00pm Meet in Barret Cloister at 4:45pm, bring your helmets!

SATURDAY, APRIL 20th - Shelby Farms "Down to Earth" Celebration 10am - 5pm. V&E Artwalk on the V&E Greenline down the street 11:30am - 6pm. Camping Trip in Oak Alley! #OccupyOaks. 7pm--Sunday morning. Tents and sleeping bags will be provided!

SUNDAY, APRIL 21st - Fly Your Colors with GSA from 1pm - 3:30pm at the EV Patio Gardening at the Rhodes Community Garden afterwards!

MONDAY, APRIL 22nd EARTH DAY!!! - Aramark Earth Day Celebration in Oak Alley (lunch). Volunteer at the McMerton Community Garden 5pm - 7pm. Movie Screening: "Thin Ice: The Inside Story of Climate Science" hosted by the EPC, Green Rhodes, and Kinney for the Environment. Blount Auditorium at 7pm for FREE TROLLEY STOP PIZZA! The movie will begin at 7:30pm.

TUESDAY, APRIL 23rd Post - Earth Day Party in Diehl Court 4pm - 5pm!! Presentation of the recycled art sculpture, FREE PALETAS (POPSICLES) from LA MICHOCANA, Please bring any type of recyclable goods for the sculpture!

WEDNESDAY, APRIL 24th - "Memphis Matters" Environmental Issue Based Forum, 5:30pm in Barret 051

THURSDAY, APRIL 25th - Local Lynx Farmers Market 2 - 6pm in Barret Cloister

Off-Campus Fun:

Shelby Farms 2013 Down to Earth Festival
April 20, 2013 10am-5pm

Green up + party down at the biggest Earth Day celebration in the Mid-South! We'll have green vendors, a high adventure zone, a petting zoo, eco demonstrations, local food + more!
AUTOZONE ADVENTURE ZONE
archery | rock climbing | giant inflatables
EVERGREEN PACKAGING ECO DEPOT
seed planting | eco arts + crafts | outdoor mural

Live Music Lineup:

10:00 am - Ten O'Clock
11:00 am - Marcela Pinilla
12:30 pm - Danza Azteca Quetzalcoatl
1:00 pm - Delta Rhythm + Hooper Troopers
1:30 pm - Southern Music Project
2:00 pm - Los Cantadores
3:30 pm - Sentir Venezolano
4:00 pm - 6 Degrees
Admission: Free

2013 Earth Day 5K Fun Run
April 21, 2013 | 2pm

Pre-Registration: \$25 | Race Day Registration: \$30
Show us your green side - wear your most creative eco-themed costume and run the race that runs the Park!

Downtown Farmer's Market Day!
04/20/2013, 7:00 AM to 1:00 PM

Weekly on Saturdays
Location: G.E. Patterson and South Front Street, Memphis TN 38103

Weekly Food Truck Rodeo
Sundays from 11 am to 2 pm
Location: Shelby Farms

Junior Klaus Garcia
emphatically enjoys a turkey leg
at Food Truck Rodeo in
picturesque Shelby Farms

(Photo courtesy of E. Morozin)



Many Sou'Wester Positions Available:

Writers
Photographers
Columnists
Satirists
Cartoonists
Web designers
Opinion Editor
International News Editor
Sports Editor
Executive Communications and Media Relations Editor
Executive Assistant

The Sou'Wester can be as small or as large of a commitment as you want it to be, and editing positions (and other positions) always look amazing on a resume!
And seeing your name in print is pretty cool too!

Contact Erica Morozin with questions:
morek@rhodes.edu

Summer 2013 Survival Guide

Emily Clark
Staff Writer



Playing ninja all throughout Glassell? An end of the year must! (Photo courtesy of E.Clark)

Welcome to the month of contradictions. Yay! School's almost over! Wait... I have to suffer through *how* many exams? Yay! It's nearly summer! Wait... I won't see you for *how* many months? Yay! I get to sleep in my own bed! Wait... I have to be home *how* early?

Transitions are rough, and the transition from college

to home for summer vacation is no exception. It's a time of excitement, relaxation, angst, screaming parents, finding the peanut butter and jelly sandwich you lost in your room in October, and joy.

To help all my charming Rhodants navigate this treacherous path back to childhood/to freedom/re-experiencing the joys of sleep, I've put together a little step-by-step on campus preparation guide. The next time you have a few hours to kill without a looming exam or paper or presentation and feel absolutely no stress at all, I would highly recommend completing the following precautionary measures. Your greater happiness depends on it.

Step One: Chug as many energy drinks as possible.

You and I both know your mom doesn't keep it in the house. You need to savor the final days of ingesting the cancer-filled stuff without condemnation by drinking as much of it as humanly possible. Mmm, battery acid. Additionally, the following list requires you participating in myriad really stupid activities really fast. Given energy drinks have the wonderful ability to dull your sense of intelligence and replace it with enthusiasm, it's the perfect pre-departure beverage.

Step Two: Run – literally sprint – around campus.

You won't see Fischer Gardens for three months? Palmer? The Charles Diehl statue? Clearly, the most practical way to bid goodbye to these campus standbys is to sprint from location to location, throw yourself on the ground in adoration, and then sprint to the next location. Crying or moaning out of grief is optional, but encouraged.

Step Three: Don't sleep.

You know that phrase, "you'll sleep when you're dead"? Well, at Rhodes, we'll sleep when it's summer. For your final few days on campus, it is imperative not to miss a single mo-

ment. Who knows when something exciting might be happening? Sure, you might be sleep-deprived, sick, and exhausted from exams, but after this you have three months to rebuild your immune system.

Step Four: Eat everything at the Rat. I mean, everything.

For three straight months, you won't see the Rat. You won't eat questionably pink grilled chicken, or a crispy omelet, or eight straight sugar cookies. You'll have real food – home cooked, local food. By gorging yourself at the Rat the day before you leave, you'll be sure to appreciate that home food. (As a precautionary measure, make sure you maintain the sight of a bathroom at all times after this feast for at for the next 2-4 days.)

Step Five: Enjoy your own filth for at least 48 hours.

Showering is for squares. Or, you know, when you live at home with your parents. Or when you are forced to interact with those other humans who you call "high school friends." Or have an internship or job that requires even a smidge of respectability. Anyways, for most students, there's a lot of showing in the future. I can see it. Embrace the dirt while you can; there's nothing like hugging all your friends goodbye for the summer reeking of BO.

Step Six: Act with reckless abandon.

It's the last few days. Eat \$17.00 of Yolo. Scaffold down Rhodes Tower. Become intimate acquaintances with the red pandas at the zoo. Write an article for the school newspaper with no real informative value about how to celebrate your last days on campus. You survived the school year, and now it's time to celebrate.

At this point, you've probably either been arrested or passed out from exhaustion in some bush on campus. Either way, it's a great start to the summer break. Now, go find your pants and rock your internship!

An Apology Letter to Twitter

Julia Fawal
Layout Editor

Dear Twitter,

I will admit—you did not have me at hello. Quite frankly, I found you to be immature. I thought you only cared about trivial things, such as what Taylor Swift's most recent ex said about her. I simply did not have time for such mindless nonsense. I had Facebook stalking to do.

But here I am now, on my hands and knees, begging you to forgive me. I am sorry I laughed at your silly blue bird. I am sorry I called you the Internet's creepy little sibling. You deserve better.

I guess I was being haughty. I didn't mean to act like I was better than you. I was intimidated and insecure. I always considered myself a fairly technologically sound person, but, you, Twitter, were different. You left me clueless, speechless! I feared I lacked the attention span, time and wit to come up with grammatically-correct 140-character responses to impress you (because really—how many ways are there to cleverly say, "I am sleeping," anyway?).

I have changed, Twitter. As an aspiring journalist, I think you will bring out the best in me. Now, the more I get to know you, the more I realize how great we are for each other. I finally see everything you have to offer.

I am amazed at how professional you can be. I resented you for trying to make me use 'u' instead of 'you,' but it is clear to me now. You simply want to teach me new things. You help me learn how to make my writing concise and to-the-point. I initially hated your pressure to be clever and entertaining, but now I see that writing a news headline is no different. You force me to make my point in the least annoying way possible, and I should be thanking you for that.

You also have a way of bringing people together. Everyone, from *USA TODAY* to the Grumpy Cat, wants to be connected to you! You are so popular that even employers for magazine internships ask me how familiar I am with you. My friends who know you well told me all about how much substance you can have. You are so up-to-date on current events, often the first to share it. Communicating with you will make me knowledgeable, too. You might be a bit gossipy, always knowing what everyone is talking about and spreading it, but let's be honest—I am a bit gossipy, too. I want to know everything. I want to know what people are talking about. I want to be the first to break the news. Let's be friends and talk about people together.

Really, I truly appreciate how un-clingy you are. You know so many influential people, but you do not get envious or possessive. You introduce me to everyone and even make it easy for me to talk to them myself. You let me be independent, giving me the tools to network and make my own connections. I was a bit shy at first, but you reassured me that "tweeting" at someone about fifty times a day is socially acceptable—especially if I get a good quote out of it.

You are quite wonderful, Twitter. I know a lot of people want your attention. They even look at you in the middle of parties and conversations! But we were made for each other. You support my career goals, even sharing my articles and helping me get my name out there. With you by my side, I can become the journalist and the person I aspire to be.

But most importantly, on the highly unlikely and not at all based on past experience chance I become slightly obsessed with you, you won't run away or judge me for checking in on you hourly and reading all of your messages. #truelove

Yours truly,
An aspiring journalist

College and the Introvert

Julia Fawal
Layout Editor

You would be hard-pressed to find someone who is entirely extroverted or introverted. In fact, Carl Jung argued that such a person would be insane.

We are all a bit of both, some leaning more towards one side of the spectrum. The general consensus is that anywhere from a third to half of the American population is more introverted. However, our society and, as a result, the college environment seems to value the traits of the extrovert over those of the introvert.

Think about it.

In college, you are constantly surrounded by thousands of students your age, alcohol is as abundant as candy on Halloween (with the effects of consuming too much being about the same), and at any moment there are people to see, clubs to join and parties to attend.

Oh yeah, and sometimes people study.

It is a social environment. Students are encouraged to work in groups, put themselves out there, and meet as many people as possible.

All of that is great and necessary for forming meaningful relationships and learning to work with others, but they are not the only important skills to develop. Colleges often neglect to cultivate the introverted side of our personalities. What results is a loss of introspection and internal analytical thinking that is just as imperative as having the “people skills” of an extrovert.

Susan Cain, author of *Quiet*, calls this the “Extrovert Ideal”—the omnipresent belief that the ideal self is gregarious, alpha and comfortable in the spotlight” which causes introversion to be considered a “second class trait.”

Take a classroom setting, particularly one at a smaller school with classes of fifteen students or less. In many cases,

participation is required, usually weighing from 10-15% of students’ final grades. For clear extroverts, that translates to free points. Their hands can float up at ease even when they do not know the answer. Their brains work in a way that almost requires them to speak to think through ideas.

Introverts tend to form ideas differently. They must listen and process information entirely before speaking. In fact, thinking aloud could inhibit their thought development.

This poses a series of issues for them. By the time their ideas have formed, the discussion has often moved to another topic, and their lack of immediate participation causes professors and peers to believe they have nothing significant to add or are not paying attention.

Of course, not all classes are discussion-based, and discussion-based classes are not always troublesome for introverts. Freshman Becca Schmitt says having to speak out in class is a good challenge for her. “It forces me out of my comfort zone, but there are definitely times when I feel encouraged to be more extroverted,” she says.

“I do feel like teachers really notice and appreciate the students who speak the most,” adds college sophomore Jake Woodham. “I don’t like talking much in class, but I feel like I need to in order for the teacher to know who I am and know I’m interested.”

Rhodes professor Daniel Ullucci relates to both sides. As a professor, he knows it is easy to favor the kids who speak out more, but he also remembers his own undergrad days and how little he spoke in class. He says the issue is finding a way to get everyone’s ideas out there. “Giving time for students to think about what they want to say is important as well. I think instructors have to learn not to fear silence,” he said.

By understanding that classrooms are made up of different

personalities, professors give quieter students a fair shot at expressing their potential. Plus, encouraging other methods of participation helps students develop equally important introverted qualities of concentration and deep thought. Learning how to be a good listener and work one-on-one or even alone—strong skills of an introvert—are as valuable as being a good speaker and able to work in groups.

But then there is the social scene. There is this idea that the typical college kid loves massive parties, belting “Call Me, Maybe” out car windows, and finding a way to make it logistically possible to go out eight days a week.

Introverts can and do enjoy the great social pros of college life, but they find long periods of social interaction draining and need alone time to re-group. However, that sometimes causes them to seem shy, insecure, or antisocial. An introvert can be able to walk into a fraternity party with the confidence of the Old Spice guy, but he simply gets re-energized by having time to himself while extroverts are re-energized by people and social stimulation. Obviously, not all extroverts rage 24/7, but being outgoing is generally considered ideal. This sometimes leads those who are more reserved to feel the need to hide or change themselves.

“I often do wish I were more extroverted,” admits sophomore Allison Copley. “It seems to be an easier route to making friends and getting others to like you.”

When it comes down to it, there are benefits and pitfalls to both personality types. Anyone would run from a world of only Ke\$ha’s just as fast as she would from a world of Kristen Stewarts. But college tends to elevate extrovert traits, and the result is that many students’ potential is stifled and they fail to realize the true value of developing the introverted side of their personalities.

A Plethora of Puzzles for the Road

Mensa-Style Questions:

The same three-letter word can be placed in front of the following words to make a new word:

LIGHT
BREAK
TIME

Two men, starting at the same point, walk in opposite directions for 4 meters, turn left and walk another 3 meters. What is the distance between them?

2 metres
6 metres
10 metres
12.5 metres
14 metres

David is half his father Duncan’s age. In 10 years, David will be three-fifths Duncan’s age. Ten years ago, David was one-third Duncan’s age. How old are David and Duncan now?

20 and 40
18 and 36
16 and 32
22 and 44

Find the answers at <http://www.agincourtpractice.co.uk/resources/mensa.htm>

Logic Problem:

The Monkey and the Coconut:

Ten people land on a deserted island. There they find lots of coconuts and a monkey. During their first day they gather coconuts and put them all in a community pile. After working all day they decide to sleep and divide them into ten equal piles the next morning.

That night one castaway wakes up hungry and decides to take his share early. After dividing up the coconuts he finds he is one coconut short of ten equal piles. He also notices the monkey holding one more coconut. So he tries to take the monkey’s coconut to have a total evenly divisible by 10. However when he tries to take it the monkey conks him on the head with it and kills him.

Later another castaway wakes up hungry and decides to take his share early. On the way to the coconuts he finds the body of the first castaway, which pleases him because he will now be entitled to 1/9 of the total pile. After dividing them up into nine piles he is again one coconut short and tries to take the monkey’s slightly bloodied coconut. The monkey conks the second man on the head and kills him.

One by one each of the remaining castaways goes through the same process, until the 10th person to wake up gets the entire pile for himself. What is the smallest number of possible coconuts in the pile, not counting the monkeys?

Find the answer at <http://www.folj.com/puzzles/difficult-logic-problems.htm>

Sudoku:

	8	1		6				7
			3		2	8		
6		7			8			9
7		4					5	1
	3			5	9			
9	5						4	
				2		1	9	4
			7		4	3		5
4		5		3				

(www.isudokugames.com)

Injuries, article continued from Page 1

Staffs in the Southern Athletic Association (SAA)

School	Size	Varsity Teams (Football Y/N)	Athletic Trainers
Berry	2,041	20 (Coming 2013)	5 (2 graduate assistants)
Birmingham Southern	1,305	22 (Yes)	3
Centre	1,337	21 (Yes)	4 (2 graduate assistants)
Hendrix	1,388	19 (Coming 2013)	3 (1 graduate assistant)
Millsaps	910	18 (Yes)	3 (1 intern)
Oglethorpe	1,050	16 (No)	3 (1 graduate assistant)
RHODES	1,927	20 (Yes)	3
Sewanee	1,478	24 (Yes)	3

“Our number one concern is always coverage,” Gibson said recently. “We want to be at as many practices and games as possible. We have to be at all games, but practices, we won’t be at as many places... For collision sports, we’re always out at practice. For intrasquad games and before the season, one of us will be out there for that, as best as we can.”

By law, athletic trainers must work under a team physician, but they are allowed to evaluate and assess injuries prior to an official diagnosis. Trainers also supervise much of an athlete’s rehabilitation for their injury if the rehab can be done using school equipment. During the often hot fall sports pre-season, the athletic department will contract with an emergency medical technician (EMT) who can administer intravenous fluids to dehydrated athletes in order to save them the time and expense of going to a hospital, Gibson says. Likewise, Rhodes will contract with other athletic trainers in the area on certain weekends if the travel schedules of various teams end up pulling too many of the Rhodes’ athletic training staff away for road games. Gibson appreciates the help.

“The NCAA has no mandate [on how many trainers must be employed], it’s all up to the school,” Gibson said. “In big-time Division I sports, you’ll probably have three full-timers working with football, one full-time just working basketball. Sometimes, they depend on graduate assistants a little more. If it was up to me, I’d probably like to have a couple GAs.”

Gibson projects that in five years’ time, the varsity athlete population have increased considerably, with the addition of men’s and women’s lacrosse teams and the growth of the football roster supplying another 70-90 athletes to locker rooms in the Bryan Campus Life Center. Those figures definitely suggest the need for more hands on deck.

“At this level, I think the ideal situation would be five to six [trainers],” Gibson said. “We’re adding women’s lacrosse [as a varsity sport in 2013-2014], and I think at a minimum, we need four. We would take any help we can get.”

Ginger Swann, director of athletic training at Berry College (Ga.), is an athletic trainer herself and oversees a staff of four other trainers, two of whom are graduate assistants. She said that the administration at Berry “considered [the size of the training staff] an important [part] in the service of our athletes,” though she was hesitant to say what an ideal trainers-to-athletes ratio might be.

“We do contract for EMT services [for occasional assistance],” Swann added. “I think [the ratio] depends on the specific model of the institution.”

The Rhodes women’s basketball team went 25-4 this past season, setting a school record for wins and garnering their first NCAA tournament berth in school history as a result.

Head coach Matt Dean acknowledged injuries to several players over the course of the season, but he was pleased with the care that Gibson and his staff provided.

“The reason we were able to have a great season we had

is the [trainers’] ability to get [our athletes] back on the floor,” Dean said. “They’re as good as anyone in the country that runs a department this size. [Also,] I think we need two more. If the school invested in another two trainers, maybe another full-time one and an intern, I think you would see an increase in productivity in our athletic programs.”

In particular, Dean pointed out the thorny issue of concussions as a major concern when it comes to having sufficient care provided to varsity teams. One of Dean’s players, center Mary Barber, experienced a concussion during the season and played in only 19 games over the course of the year. While the training staff did treat Barber, Dean said she also saw a specialist in her hometown over Christmas Break in order to supplement the care she was having at school.

“The concussion issue is really dangerous,” he said. “That’s an issue where I think now, it’s made [the trainers’] job more difficult. [Having more trainers] would make the quality of our student-athlete experience better, and quite frankly, it would help reduce burnout for [the training staff]. [Trainers] are putting in the most hours of any employee on this campus. For the safety of our student-athletes, I think we need as much help out there, with every sport, as is possible.”

At present, there are no definite plans to increase the training staff.

“We feel very good about what our athletic training staff does on behalf of our student athletes,” Rhodes athletic director Mike Clary said. “Our coverage is extensive. Would it be nice to have additional full-time trainers? Yes... As we learn more about women’s and men’s lacrosse, it doesn’t appear that there is as great a daily need for women’s lacrosse as there is for men’s lacrosse because there’s just not as much physical contact in the game. With the ability to contract, we plan to have a certified athletic trainer at every women’s and men’s lacrosse practice. We are in discussions administratively about the need to add another full-time trainer. We did that, two years ago, where we added a third full-time trainer [for men’s lacrosse]. Certainly, as our numbers increase, the interest to have another full-time trainer will be very evident.”

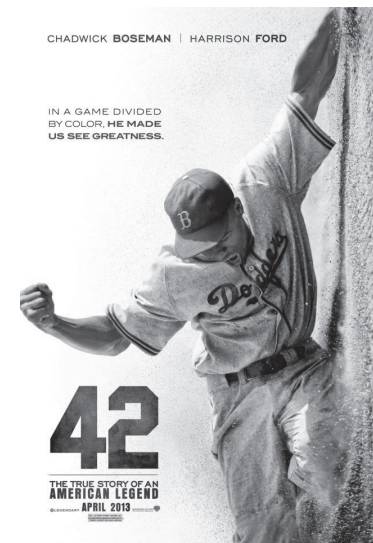
Budgetary concerns notwithstanding, some would say that interest already exists. But until the time when the athletic department decides another trainer is necessary, student-athletes may have to make-do with the present accommodations.

“One thing you’ve got to know,” junior Justin Genter said as he laced up his baseball cleats before practice in March, “is that Advil is the best thing in the world for us.” He chuckled, knowing the glimmer of truth in his words. “You might say it’s the lifeblood of our team.”

Indeed—more than it could be, and maybe, more than it should be.

“42” Depicts Robinson as More Myth than Man

Tyler Springs



(photo courtesy of GoogleImages)

“Maybe tomorrow, we’ll all wear 42” Lucas Black says, in character as Brooklyn Dodgers shortstop Pee Wee Reese. “That way, they won’t tell us apart.”

In the context of the plot of 42, the new biopic of the famed Jackie Robinson, Reese’s line describes a bold and unwavering stance

against the racism that plagued the United States throughout most of its history. Unfortunately, that quote is also well suited to describe the nature of the film. Like so many other sports movies made in recent years, 42 is, as New York Times critic Dana Jennings writes, “a cross-pollination of proud American mythology and exceptionalism” that stylizes Robinson as more hero than pioneer. Truth be told, he is both, but it is difficult for the audience to tell this movie apart from other triumph-against-the-odds plot that one finds in Remember the Titans, The Legend of Bagger Vance, and the like.

For writer/director Brian Helgeland, a man responsible for the adapted scripts of novel-based films like Man on Fire, L.A. Confidential, and Mystic River, there is a disappointingly obvious linear quality to the plot of 42 that makes it seem somewhat trite for an original screenplay. Granted, a film that chronicles the early years of America’s first black player in Major League Baseball (and almost certainly its most important black athlete) is maybe not the vehicle to choose for re-inventing the story-telling wheel, but all things considered, there is not a lot that the audience can’t see coming. That said, while the storyline is lacking, the acting is good: relative unknown Chadwick Boseman plays a thoughtful but fierce Robinson, and Harrison’s Ford’s growly, jowly portrayal of visionary general manager Branch Rickey is convincing. John C. McGinley gives a quality turn as famous broadcaster Red Barber with bits of understated humor (one example: as Robinson steps to the plate for his first at-bat, Barber notes that “Jackie is very definitely brunette”), and Black’s portrayal of Reese feels authentically self-assured.

If movie-goers can look past the overdone scenes of Robinson’s notorious antics on the basepaths (complete with orchestra backing) and ignore the somewhat tangential inclusion of the changing of Dodgers manager from Leo Durocher to Burt Shotton, they will probably come away from the theater satisfied with this inspiring take on the start of Robinson’s career. The important thing is not to misconstrue the high note on which this film ends as indicative of the rest of his career: he only won the World Series once in six tries, and after ten long years as a professional, he retired. “After you’ve reached your peak,” Robinson is quoted as saying in the Doris Kearns Goodwin memoir Wait Till Next Year, “there’s no sentiment in baseball... You have no control over what happens to you.”

Indeed, Robinson could only control how he reacted, and as this film would show, he acquitted himself pretty well, given the unique circumstances he faced.