

## Prayers at Work, January 18-22, 2010

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## Gates Elizabeth

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**From:** prayersatwork@googlegroups.com on behalf of Prayers At Work  
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**Sent:** Saturday, January 16, 2010 5:35 AM  
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Monday, January 18, 2010 -- (Meditation: I John 4:11-12) God of love, grant Americans a true respect for others. Help us to treat everyone as a child of God. Help us look at the quality of others'

character rather than at the color of their skin. During this day, when our country celebrates the ministry of Dr. Martin Luther King, Jr., may our country also remember what motivated him -- his Christian faith. Grant us respectful hearts to love every human being that You created, and every human being that You love. Amen.

Tuesday, January 19, 2010 -- (Meditation: Ephesians 6:18) God, I pray by name for those who have wronged me: for \_\_\_\_\_, and for \_\_\_\_\_. I pray for those whom I have wronged: for \_\_\_\_\_, and for \_\_\_\_\_. I pray for those who have disappointed me: for \_\_\_\_\_, and for \_\_\_\_\_. I pray for those whom I have disappointed: for \_\_\_\_\_, and for \_\_\_\_\_. God, forgiveness is a powerful force. May I forgive as fully, and as often, as You have forgiven me when I have wronged or disappointed You and others. Through Jesus Christ, my Lord. Amen.

Wednesday, January 20, 2010 -- (Meditation: Acts 10:43) God, sometimes I beat myself up with guilt because I'm not worthy of Your love. God, help me to drop my guilt and understand that Jesus' dying for my sins IS sufficient. God, help me to accept Your forgiveness. Through Jesus Christ, my Lord. Amen.

Thursday, January 21, 2010 -- (Meditation: Ephesians 5:22-31) God, bless my marriage. I'm glad You created us male and female. I'm glad You decreed that a man will leave his father and mother, be united with his wife, and they will become one flesh. Forgive me when I'm not thoughtful of my wife. Give me the courage to ask her forgiveness when I neglect or hurt her. When we both give more than we take, then we have an invaluable investment when trials come. God, thank You for my wife and for her love. When I get through praying, I'm going to call her and tell her I love her. Amen.

Friday, January 22, 2010 -- (Meditation: I Timothy 6:17) God, I'm riding high. I just got a promotion and a big raise. My evaluations at work were great. But God, help me not to make these my drug or my god. What I need MOST is You, not short-lived praise, or temporary success. May success always be for me a victorious life in You -- no matter what my circumstances. In Jesus' name. Amen.

How to use Prayers At Work:

Read through the prayer for the day.

Let your spirit quietly enter into the prayer and make it your own.

Pray your prayer to God.

Sit in quiet meditation and wait for God's leading.

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