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COPC Activity Report

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COPC Activity Report

By: Amanda Sakla

Date: 9/11/06

Activity Date: September 9, 2006

Name/Purpose of Activity

Open Gym – Cypress students participate in organized sports games at Rhodes with the help of community members, Cypress teachers, and Rhodes students.

Location:

Rhodes College Brian Campus Life Center

Participants (names/number):

Amanda Sakla – Organizer

~ 60 Cypress/Community students

~ 50 Rhodes volunteers

~ 10 Cypress teachers/administrators and community members

Resources Needed/Used:

**Brian Campus Life Center, Swimming pool, Tennis courts, Football field.
Swimming, Tennis, and Soccer equipment.**

Activity Description/Results:

The sports included tennis, soccer, and swimming. The students were broken into three groups and had 40 minutes at each sport.

It was very successful! We had the swim team and the tennis team involved and they were wonderful at teaching the kids. The soccer team was out of town so I recruited friends who used to play soccer to help teach the kids. The community members were involved with the instruction and everyone worked well together. I timed precisely the amount of time each group had at a sport allowing 10 minutes in between for switching and 15 minutes for swimming to change. This allowed all the groups enough time for all three sports, which in the past was a problem. Each group also had a Rhodes volunteer leader that stayed with them and rotated with the group. This was helpful so the kids didn't end up at the wrong sport and they had someone there to stay with them at all times. The kids absolutely loved it and everyone was very pleased.

Comments:

Something to do better for next time is to have water coolers for the kids and volunteers. One girl got overheated and had to sit out.

Taccoria and Shari from the swimming lessons over the summer came for open gym and felt more secure swimming.

Two boys from the community who used to attend Cypress came because they had so much fun in the past at open gym.

Attachments: See attached pictures.



Taccoria and Shari



Community member instructing students how to play tennis.



Wyatt Franks ('07) with a Cypress student.



Soccer scrimmage



John Hinds ('08) teaching tennis.