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Prayers at Work, November 15-19, 2010

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PRAYERS AT WORK, November 15 – 19, 2010

Monday, November 15, 2010 - (Meditation: Psalm 46:10) God, my life is a rush. My alarm clock goes off -- I race for the shower.

The street light changes -- I leap forward with the traffic. My fax machine hums and my screen-saver waves. My cell phone rings and my beeper vibrates.

Where are You in this hubbub, among these interruptions, and around these revolving doors? God, do I have eyes to see, but do not see You? Do I miss what is simple? . . . what is quiet? . . . what is humble? Do I have my mind's eye on the commotion, yet close the eye of my soul? Forgive my feverish seeking and my limited awareness. Open my eyes that I may see. In Jesus' name. Amen.

Tuesday, November 16, 2010 - (Meditation: Galatians 5:19-23) O God, I pray for America's powerful media. When they show greed on television, we become more greedy, and people around the world think all Americans are greedy. When movies feature violence, we become more violent, and people around the world think all Americans are violent. Television talk-shows spotlight extremists who live on the outskirts of moral society.

Few panelists speak with a voice of moderation. God, turn our nation's media to reasoned debate, not staged divisiveness. In their important role as the fourth estate, guide them to question actions, not motives. Free our nation and its media from excess violence, pornography, and sensationalism. In Jesus' name. Amen.

Wednesday, November 17, 2010 - (Meditation: Romans 12:2) God, I have an important decision to make. I have thought through the alternatives. I have envisioned the consequences of each choice. I have considered my own motives. I have done everything I know how to do, to make the right decision. But I'm still not sure. Once I decide, I won't be able to take it back. God, slow my frenzied thinking. I put my decision in Your hands. Guide me to make the right decision. Your will be done. Help me to trust . . . and to wait on You. In Jesus' name. Amen.

Thursday, November 18, 2010 - (Meditation: Ephesians 5:8-12) God, at the foundation of the world, You created the light, and separated it from darkness. You sent Your Son to be the Light of the world. Strengthen me to live in that Light, avoiding the deceptions and deeds of darkness. God, even when You light just one step at a time, grant me the grace to follow You, knowing that one day I will live in the full light of Your countenance.

Through Jesus Christ, my Lord. Amen.

Friday, November 19, 2010 - (Meditation: II Corinthians 9:8) God, when I travel, I hear in many dialects the phrase, "No Problem." What a nice thing to hear! Although they may speak very little English, when I hear, "No Problem," I know they are for me. They understand. The matter will be taken care of. God, I want MY prayers to be "No Problem" prayers.

I accept Your will -- "No Problem." I understand -- "No Problem." I will do what You want -- "No Problem." But God, I need Your help. I must rely on YOUR strength, not mine, to say to You, "No Problem." Give me Your strength, then command what You will. Through Jesus Christ, my Lord. Amen.

How to use Prayers At Work:

Read through the prayer for the day.

Let your spirit quietly enter into the prayer and make it your own.

Pray your prayer to God.

Sit in quiet meditation and wait for God's leading.